

Seventh-day Remnant VOICE

October-December 2009

Striving to be among the remnant of her seed

Prophetic Interpretations

The following interpretations are presented in abbreviated form for quick reference and as an aid to memorization.

DANIEL 2

- The four metals of the image (gold, silver, brass, iron) represent the four world kingdoms—Babylon, Medo-Persia, Greece, and Rome.
- The feet and toes of iron and clay represent the ten divisions of kingdoms of Europe.
- The stone cut out of the mountain without hands represents the second advent of Christ.
- The stone which grew into a great mountain represents God's eternal kingdom.

DANIEL 7

- The first beast—being a two winged lion—represents Babylon.
- The second beast—being a bear—represents Medo-Persia.
- The third beast—being a four winged leopard—represents Greece.
- The fourth beast—being dreadful and terrible—represents pagan Rome.
- The ten horns on the fourth beast represent the ten divisions (kingdoms) of Europe.
- The three horns uprooted represent the Heruli, Vandals, and the Ostrogoths.
- The little horn represents the Papacy.
- The three and a half times represents 1260 years of Papal supremacy—from 538-1798 AD.
- The final scenes represents the judgment which began October 22, 1844.

DANIEL 8

- The two horned ram represents Medo-Persia.
- The he goat represents Greece.
- The great, notable horn represents Alexander the Great.
- The four notable horns represent the four generals who each ruled one-fourth of the Grecian empire after Alexander's death.
- The little horn, waxing exceeding great,

represents papal Rome.

- The daily represents paganism.
- The 2300 days represent 2300 years—from 457 BC to 1844 AD.

DANIEL 9

- The seventy weeks were "cut off" from the first part of the 2300 years.
- The seventy weeks represent 490 years—from 457 BC to 34 AD.
- The seventieth, or last week, represents seven years—from 27 AD to 34 AD.
- In 27 AD Jesus Christ was anointed as Messiah the Prince.
- In the midst of this last week Christ was crucified in 31 AD, which brought to an end all sacrificial, ceremonial, feast rituals, and types connected with the earthly sanctuary.
- In 34 AD Stephen was stoned which ended this seventy week prophecy.

DANIEL 11

- The scope of this prophecy covered the histories of Persia, Greece, and Rome in both pagan and papal forms.
- The willful king represents the Papacy.
- The King of the North probably represents the Papacy.

DANIEL 12

- The 3 ½ times represent 1260 years of Papal persecution—from 538-1798 AD.
- The 1290 days represent 1290 years—from 508-1798 AD.
- The 1335 days represent 1335 years—from 508-1843 AD.

REVELATION 6 & 7

- The four horses, or first four seals, represent the Christian era, with the second, third, and fourth seals representing the progressing apostasy and corruption of the early church.
- The sixth seal represents signs of the end.

REVELATION 8 & 9

- The first four trumpets represent the various barbarian groups which attacked pagan Rome.
- The fifth trumpet represents the Mohammedans.

- The five months represent the Ottoman Turks.
- The hour, day, month, and year represent 391 years and 15 days—from 1449-1840 AD.

REVELATION 10

- Reveals the history and experience of the Advent Movement of 1840-1844.
- The little book open represents the sealed book of Daniel being opened and understood.

REVELATION 11

- Reveals the history of the French Revolution.
- The two witnesses represent the Old and New Testaments.
- The 1260 days represent the 1260 years of Papal persecution—from 538-1798 AD.
- The seventh trumpet represents 1844 and afterwards.

REVELATION 12

- The woman represents the true church.
- The child represents Christ.
- The dragon represents Satan through Pagan Rome.
- The 1260 days represent the 1260 years of Papal persecution—from 538-1798 AD.
- The 3 ½ times represent the 1260 years of Papal persecution—from 538-1798 AD.
- The seed of the woman represents the Advent movement.
- The remnant of her seed represents the Remnant movement, those who keep God's commandments and follow the Testimony of Jesus which is the Spirit of Prophecy.

REVELATION 13

- The first, or leopard-like beast, represents the Papacy.
- The ten horns represent the ten divisions (kingdoms) of Europe.
- The 42 months represent the 1260 years of Papal persecution—from 538-1798 AD.
- The two horned beast represents the USA.

- The two horns represent the principles of Republicanism and Protestantism.
- The image of the beast represents apostate Protestant churches.
- The mark of the beast represents submitting to worship on Sunday instead of the seventh-day Sabbath.

REVELATION 14 & 18

- The 144,000 represent the righteous living at the time of Christ's second coming who have lived through the time of trouble.
- The first angel's message represents a warning message to the world: to fear God, our Creator to worship only Him, and give glory to Him by reflecting His character, for the hour of the investigative judgment (first for the dead and then for the living) has come, and to proclaim the Everlasting Gospel, which

involves the plan of redemption, and salvation from all sin through Jesus Christ the only Mediator between God and man. It occurred from about 1830 until 1843 but is still in effect today.

- The second angel's message of Babylon fallen represents the moral fall of all Protestant Churches by 1844, because they rejected the light of truth sent to them from heaven as proclaimed in the first angel's message. It occurred from 1843 to 1844 when the Advent message could no longer be preached in the Protestant churches. This message is still a call for all Christians to separate from their fallen churches.
- The third angel's message represents the Advent message that began in 1844 which is a solemn invitation to every truly repentant sinner to accept the righteousness of Christ by faith, which is imputed in justification and imparted

through sanctification, enabling them to keep all of God's commandments, overcoming all sin through His grace and strength, perfecting holiness in the fear of God. It also warns all mankind against worshipping the beast (Roman Catholicism), or his image (apostate Protestantism), or receiving the mark of Catholicism (which is submitting to Sunday worship), lest they receive the wrath of God poured out in the seven last plagues. The fourth angel (Revelation 18), which joins the third, also warns all of God's people to willingly separate themselves from all unclean apostate, harlot churches of Babylon—including the Seventh-day Adventist Church—or become partakers of her sins and receive her plagues. This is the second angel's message repeated, the Remnant Movement.

Bob Sessler

Editorial

In August I attended a family reunion. There were relatives there that I had not seen for decades. It was a lot of fun seeing them again. Since the reunion was held in a city in which none of the relatives lived we had to find food for ourselves. Since most of my relatives were raised Seventh-day Adventists there was less of a problem than there could have been. Most of them, however, have not left off eating milk and eggs as I have. So, when we went to a market the comment was made, "We have to have our mayonnaise!"

Now, my absolutely favorite food is an avocado sandwich. It has to be made with soft bread, mayonnaise, and salt. That's all! Just avocado, bread, mayonnaise, and salt. Oh yes, the avocado has to be ripe, soft, not hard, and not over ripe. When I gave up eggs (mayonnaise has eggs in it) I wasn't able to enjoy my favorite food any-

more. But, being healthy is more important to me than indulging in my favorite food. So, I eat avocado sandwiches now without mayonnaise.

In this issue there is a recipe for mayonnaise that does not use eggs. It is a good recipe because the seeds are soaked first so that they can begin to germinate and then will have more enzymes in them than otherwise. The mayonnaise is good, I've tried it. But it doesn't taste very much like real mayonnaise.

A few issues back we gave you another recipe for mayonnaise. I called it "Decadent Mayonnaise." The reason I called it that is because it was the first imitation mayonnaise that I have tried that comes so close to the unhealthy kind that I could imagine I was eating the unhealthy kind! I really felt decadent. While that recipe did not use any milk or eggs it did use white

flour and lots of oil. That means that it was not all that much better than the original.

If you have not read the book, "The China Study," I suggest you get or borrow a copy and read it. The author, T. Colin Campbell, was raised on a dairy farm in Maine. After completing his PHD, he was on the team that discovered that PCBs are carcinogenic. His own research team discovered that aflatoxin was carcinogenic, too. He led in the largest research ever done to study the relationship between life style and disease. This was called the China Study.

From all his research over several decades, he decided that the one thing you can do to avoid disease and prolong life is to eat whole plant food. It's a good book. You ought to read it.

Editor

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BOOK AVAILABLE!

The SDRPA is offering the book "The Last Day Events" (non conference edition) for a suggested donation of \$13.00 US. In this spiral bound book you will find over 200 pages of unpublished letters and manuscripts of E.G. White concerning the last days. **English & Spanish** versions available!

UNITY

God has given very distinct and clear counsel for His Seventh-day Remnant people to follow. This plain counsel and will of God is that His people are to be fully united with Christ and with each other as the Godhead are united with each other.¹

“As thou hast sent me into the world, even so have I also sent them into the world. And for their sakes I sanctify myself, that they also might be sanctified through the truth. Neither pray I for these alone, but for them also which shall believe on me through their word; that they all may be one; as thou, Father, art in me, and I in thee, that they also may be one in us: that the world may believe that thou has sent me. And the glory which thou gavest me I have given them; that the world may believe that thou has sent me. And the glory which thou gavest me I have given them; that they may be one, even as we are one; I in them, and thou in me, that they may be made perfect in one; and that the world may know that thou hast sent me, and hast loved them, as thou has loved me.”²

“In order successfully to carry forward the work in which they had been called, these disciples, differing so widely in natural characteristics, in training, and in habits of life, needed to come into unity of feeling, thought, and action. This unity it was Christ’s object to secure.”³

“Christ saw that unity and Christian fellowship were necessary to the cause of God, therefore He enjoined it upon His disciples. And the history of Christianity from that time until now proves conclusively that in union only is there strength.”⁴

This unity is not ecumenical—where certain truths must be laid aside so union can occur on common ground. Neither is this unity hierarchical—where one controls (or a few control) many. This unity is based upon the foundation of Christ and the equality of all believers in Christ, and its operation is clearly exemplified in the New Testament Scriptures dealing with the early Christian church. Christ’s prayer for unity includes all who believe and are following the third and fourth angels’ messages. This unity is not just between a select few, but is to embrace all who are standing on the same platform of truth. All our Seventh-day Remnant brethren including individuals, home churches, ministers, and ministries, are to be united with Christ and with each other. This unity is not something to fear, but may be safely sought after.

“We may safely seek to be of one accord in doctrine and spirit, and if this were done, we would be in harmony with God’s will.”⁵

“I do not plead for inactivity, but I plead for this selfish, worldly spirit to be overcome. Any enterprise which will unite the interests of church members, and will bring harmony and unity of effort into the work of God, may be safely entered into. But never, never forget that you are either servants of Jesus Christ, working strenuously for that unity of believers which Christ prayed might exist, or you are working against this unity and against Christ.”⁶

Especially is this unity to be achieved among the ministers and ministries.

“As we approach the last crisis, it is of vital moment [importance] that harmony and unity exist among the Lord’s instrumentalities.”⁷

7. PM 114

1. see ST 02/07/95;
RH 10/29/01

8. AA 90

9. John 17:21

10. 7T 156-157

2. John 17:18-23

3. CC 288

4. 4T 19

5. RH 04/22/90

6. 5T 478

13. John 17:20, 21

“The proclamation of the gospel was to be worldwide in its extent, and the messengers of the cross could not hope to fulfill their important mission unless they should remain united in the bonds of Christian unity...”⁸

“That they all may be one; as thou, Father, art in me, and I in thee, that they also may be one in us: that the world may believe that thou has sent me.”⁹ All true laborers for God will work in harmony with this prayer. In their efforts to advance the work, all will manifest that oneness of sentiment and practice which reveals that they are God’s witnesses, that they love one another.”¹⁰

There is definitely needed a true unity among God’s ministerial brethren, because how can anyone expect there to be unity among our Seventh-day Remnant brethren and home churches when their ministerial brethren cannot achieve this unity among themselves?

“Generally, the people rise no higher than the minister...”¹¹

True unity is based solely upon all participants standing upon the same firm platform of present truth, and any unity resting upon any other foundation, is not a union that will survive every test and trial.

“The time has come when things must be called by their right names. The truth is to triumph gloriously, and those who have long been halting between two opinions must take their stand decidedly for or against the law of God. Some will take up with theories that misinterpret the Word of God, and undermine the foundation of the truth that has been firmly established, point by point, and sealed by the power of the Holy Spirit. The old truths are to be revived, in order that the false theories that have been brought in by the enemy may be intelligently met. There can be no unity between truth and error. We can unite with those who have been led into deception only when they are converted.”¹²

12. UL 88

“Honest souls will see the straight chain of present truth. They will see its harmonious connections, link after link uniting into a great whole, and will lay hold upon it. The present truth is not difficult to be understood, and the people whom God is leading will be united upon this broad, firm platform. He will not use individuals of different faith, opinions, and views, to scatter and divide. Heaven and holy angels are working to unite, to bring into the unity of the faith, into the one body. Satan opposes this, and is determined to scatter, and divide, and bring in different sentiments, that the prayer of Christ may not be answered: ‘Neither pray I for these alone, but for them also which shall believe on Me through their word; that they all may be one; as Thou, Father, art in Me, and I in Thee, that they also may be one in Us: that the world may believe that Thou has sent Me.’¹³ Jesus designed that the faith of His people should be one. If

one goes forth preaching one thing, and another differing with him preaches something else, how can those who believe through their word be one? There will be difference of sentiments.”¹⁴

“...There has been so much counterworking in our midst that the churches have received very confusing theories in regard to the truth for this time. It is essential that our ministers speak the same things in our churches, and give the trumpet no uncertain sound.”¹⁵

“We are not to feel that we must speak the very same things, giving the same representation in the same words, and yet there is to be unity in the diversity. All the different testimonies unite to form one whole, as the books of the Bible are brought together, and bound under one cover. But should Matthew, Mark, Luke and John go off on some tangent contradicting each other’s testimony, then there would be confusion.”¹⁶

“You should know that all things are drawing in even lines, ‘that you are standing,’ as the words were spoken to me, ‘shoulder to shoulder, marching right ahead, and not drawing off.’ When the work is carried on in this way, there is unity of heart, and there will be harmony of action. This will be a wonderful means of bringing the blessing of God upon the people.”¹⁷

“Like the different parts of a machine all are closely related to one another... There is to be unity in diversity. No member of the Lord’s firm can work successfully in independence. Each is to work under the supervision of God, all are to use their entrusted capabilities in His service, that each may minister to the perfection of the whole.”¹⁸

“...The branches in the true Vine are the believers who are brought into oneness by being connected with the Vine stock. There must be unity in their diversity. Individuality is preserved; for one branch cannot blend into another in the same stock; yet every individual branch must be in fellowship with the other if they are united to the parent stock.”¹⁹

We are extending an urgent and earnest appeal for all our Seventh-day Remnant brethren to unite with us in being one with Jesus Christ and also one with each other and to actively engage in working for souls. It is too late in the day to continue in our lethargy lest we lose our crowns to others! Brethren, we can unitedly fulfill God’s will and Christ’s prayer of John 17!

“‘He that is not with Me is against Me,’ Christ declares, ‘and he that gathereth not with Me scattereth abroad.’²⁰ God has given to every man his work. He expects every follower of His to exert an influence that will tell for the upbuilding of His kingdom. He who is not actively engaged in promoting love and unity and equity is exerting an influence that is opposed to Christ.”²¹

“It is his [Satan’s] studied effort to lead professed Christians just as far from heaven’s arrangement as he can; therefore he deceives even the professed people of God and makes them believe that order and discipline are enemies to spirituality; that the only safety for them is to let each pursue his own course, and to remain especially distinct from bodies of Christians who are united and are laboring to estab-

14. 1T 326-327

15. 3MR 193

16. 8MR 67 (PM 100)

17. 6T 50

18. RH 05/13/09

19. 6MR 104

24. 1888 1757-1760

20. Matt. 12:30

21. Series B #2 44

22. Ev 318

23. FCE 479

25. Gal. 6:2

26. Phil. 2:2-5

27. 1 Pet. 5:5

lish discipline and harmony of action. All the efforts made to establish this are considered dangerous, a restriction of rightful liberty, and hence are feared as popery. These deceived souls consider it a virtue to boast of their freedom to think and act independently. They will not take any man’s say so. They are amenable to no man. It was and now is Satan’s special work to lead men to feel that it is God’s order to strike out for themselves and choose their own order independent of their brethren.”²²

There is no party strife in heaven, but perfect peaceful union and order; neither should there be a lack of union among those who embrace this same precious truth! Then let all of our brethren, especially ministers, work to fulfill the will of God in achieving this unity so that we can give a pure and righteous example of how to work together in Christian bonds of love and mutual accountability and respect.

In our unity we are not seeking to control the movement nor are we seeking to control each other. The only area we are seeking to control is ourselves, so that self will not arise and divide us from one another and thus break the heart of our dear Saviour and strip us of our strength.

“The Captain of our salvation died for the human race that men might be made one with Him and with each other... No soul can be made independent of the rest. There is to be no party strife in the family of God; for the well-being of each is the happiness of the whole. No partition walls are to be built up between man and man.”²³

“For many years I have been instructed that you are in danger of looking at things in a wrong light... You have traits of character which need to be entirely changed, else you will be a hindrance to the work, leading some to entertain suspicions, and to strike out in independent lines of action. Such a course of action is surely a mistake, and if followed will bring difficulties not easily managed... your temperament is such that it is hard for you to work in Christian union with your brethren... There are some who, unless things appear right to their human judgment, draw apart from their ministering brethren. Thus God is dishonored... Give your mind up to unifying rather than to drawing apart.”²⁴

“Bear ye one another’s burdens, and so fulfill the law of Christ.”²⁵

“Fulfill ye my joy, that ye be like-minded, having the same love, being of one accord, of one mind. Let nothing be done through strife or vainglory; but in lowliness of mind let each esteem other better than themselves. Look not every man on his own things, but every man also on the things of others. Let this mind be in you, which was also in Christ Jesus...”²⁶

“Yea, all of you be subject one to another, and be clothed in humility; for God resisteth the proud, and giveth grace to the humble.”²⁷

“It is the Saviour’s desire that unity and love and Christian fellowship shall prevail among His followers. The lesson that He gave His disciples in the fifth chapter of Matthew is the lesson that his disciples today are to spend their time in learning. Condemnation must follow a failure to learn this lesson. God can not

cooperate with those who do not obey His teaching, who look upon their own way as better than His. The example of such ones is directly contrary to the lessons that God has given to aid His people in the formation of Christlike characters.”²⁸

There will always be those, whether laymen or ministers, who by their words and actions show that they do not desire to fulfill Christ’s prayer and be in full union with their brethren. These are as clogs and stumbling blocks in the pathway God has set before His people to travel. May our brethren awaken and no longer support such independent atoms, but work instead to build up God’s cause.

“The message of present truth must be carried to those who have never heard it. We pray that the Lord will give you wisdom to place your means where it will build up the cause of God in the earth.”²⁹

There is very little time for us to come up to the help of the Lord against the mighty without receiving the curse of Meroz. If this unity for which Christ prayed is not achieved and maintained among us, whether we be ministers or laymen, what hope have we of remaining part of the chosen people and church of God? What hope have we of retaining our crown and not losing it to someone else? What hope have we of making it to heaven where no disunion, dissension, or party strife enters if we cannot live without these on earth? Thus what hope have we of obtaining eternal life and escaping the lake of fire unless we live in unity?

“None should feel that it is of no special importance whether they are in union with their brethren or not; for those who do not learn to live in harmony here will never be united in heaven.”³⁰

“Many who profess to love God and keep His commandments are making void His law. God is greatly dishonored by the failure of professed Christians to reveal the unity that should be seen among His children. No one can enter the heavenly portals who fails of practicing the great principle of love. Those who love God will love one another. They will show by a Christlike life that they are members of the royal family.”³¹

God reveals that only those who answer Christ’s prayer for union are entitled to the following great and glorious promises:

“When professing Christians are united as one—one with Christ in God—they are representatives of the church of the Firstborn.”³²

“In every word and act, kindness and love will be revealed; and as each worker fills his appointed place faithfully, the prayer of Christ for the unity of His followers will be answered, and the world will know that these are His disciples.”³³

“Jesus would impress upon the church the fact that they are his brethren, that they are to unite with Him as laborers together with God. They are to be a brotherhood for the saving of humanity. Christ expects a very different work from the churches than that which has been given to Him. The people of God will not answer the expectation of Christ until they are converted and prepared to obey the commandment of Christ. He says ‘A new commandment I give unto

28. SpM 271

29. Man. 13, March 25, 1908 (MR #454 29), (see also 3T 553; 2T 552; 1T 261-262)

30. HS 124

31. RH 02/11/02

32. RH 01/06/03

33. RH 02/21/07

you, that ye love one another; as I have loved you, that ye also love one another.”³⁴ Again He says, ‘By this shall all men know that ye are my disciples. If ye have love one to another.’³⁵ When this commandment is obeyed, envy, evil surmising, vile thinking, and evil speaking will be banished. In the character of those who love God, these evils will have no part. Love means spiritual growth after the divine model. Christ has given us a pattern in His own example. He would bind His followers to one another and to Himself. Their oneness with Christ makes them love one another; for love is the sure fruit of unity with Christ. Christ declared that their love one for another was a sure badge of their discipleship. He is the root, his disciples are the branches.”³⁶

36. HM 08/01/96

“That we may unite with Christ in this work we should place ourselves under the molding influence of His Spirit. Through the power thus imparted we may co-operate with the Lord in the bonds of unity as laborers together with Him in the salvation of souls. To everyone who offers himself to the Lord for service, withholding nothing, is given power for the attainment of measureless results.”³⁷

37. 7T 30

Such a glorious possibility is before us, such great blessings can be ours, if we will work towards achieving full and complete unity with each other with Christ in our midst! We believe that it is time for all of our people to stop following the suggestions and plans of the Devil, and begin to prove that we are living up to our name of being followers of God!

“Union is strength; division is weakness. When those who believe present truth are united, they exert a telling influence. Satan well understands this. Never was he more determined than now to make of none effect the truth of God by causing bitterness and dissensions among the Lord’s people.”³⁸

38. 5T 236

“God has expressed His will in this prayer of Christ [John 17] for the unity of His believing people. But there is an unwearied conflict kept up upon this earth, polluted and marred with the curse. Satan works to make the prayer of Christ of none effect... for where there is unity all the powers of hell cannot break.”³⁹

39. 18MR 366

Let us work for true unity among all of our Seventh-day Remnant churches avoiding partiality and party strife. We must pray for this unity and achieve it because God wishes it. What more incentive do we need as Christians?

“Follow its [John 17] teachings, and you will be brought into unity... No one is called to walk alone. In Christ life and immortality are brought to light. He has opened the way to the kingdom of heaven to those who believe in Him, but He assigns to no one a path different to that which all must travel. He calls for unity, and unity we must have.”⁴⁰

40. 17MR 291

“When God’s chosen people are of one mind, barriers of selfishness will disappear as by magic, and many, many souls will be converted, because of the unity which exists among believers... Man is to obey the word of God declared in the seventeenth chapter of John. Then of him can be spoken the words, ‘Ye are complete in Him.’”⁴¹

41. 6MR 331

“The only way the truth can be presented to the world, in its pure and holy character, is for those who

claim to believe it, to be exponents of its power. The Bible requires the sons and daughters of God to stand on an elevated platform, for God calls upon them to represent Christ to the world. As they represent Christ, they represent the Father. Unity of believers testifies of their oneness with Christ, and this unity is required by the accumulated light which now shines upon the pathway of the children of God. It is not the want of knowledge, or of spiritual understanding that will separate us from the divine presence, and witness against us in the last day, but the truth that has reached the understanding, the light that has shone upon the soul and has not been appreciated, will judge and condemn us before God. My brethren, if

we were blind, we would not sin, but we have been privileged to look upon great light. The treasures of truth and knowledge have been bestowed upon us without limit, and we are guilty in proportion to our failure to live up to the truth that has been placed within our reach.”⁴²

42. RH 02/25/90

“A great work will be accomplished by God’s people if they will work in unity and unselfishness and with humility of heart. All self-exaltation must be seen and put away. Truth and righteousness alone will stand the test for this time. We need to have the Spirit of God daily with us, that we may be kept from all evil thoughts and unwise actions.”⁴³

43. RH 08/05/09

Jim Snipes

Children’s Story—*A Dishonest Man*

Jeremiah 17:9 & Ecclesiastes 12:14

“I just don’t know what to believe Elder White,” said Hiram. “The Sabbath is so clear when you present it. But Mr. Montgomery is so earnest in his insistence that the Sabbath doesn’t matter. He is a well respected man and honest. He’s been county treasurer for a long time.” Hiram shook his head. “He has started a series of revival meetings and is very concerned that sinners be converted. I just don’t understand how a man like that can be wrong.”

“We’ll pray that God will open your eyes and clear up your confusion,” said James White.

Ellen White laid her hand on Hiram’s arm. “Just wait for one month, and you will know for yourself the character of the persons who are engaged in this revival, and who profess to have such a great burden for sinners.”

“All right, I’ll wait for a month,” sighed Hiram.

Later Hiram went to talk to his fiancé about it. “Mary, what do you think about waiting for a month before we make a decision about the Sabbath?”

“I think it’s a good idea,” replied Mary. “We don’t know the Whites very well, they’ve only been here a short time. They seem like good, honest, people. But I don’t know about her claims to having visions from God. Mr. Montgomery has been a good member of the church for a long time and we know him to be an up-standing man. He is so sincere and earnest about saving souls. I can hardly believe that he could be wrong.”

“Yes, I agree,” said Hiram thoughtfully. “But when you look at all the Bible verses the Whites present, it seems very clear that they are right. I am disturbed about her visions though. She said that God had shown her some things about Mr. Montgomery’s character that we don’t know about. Guess we’ll see who is right in a month.”

The meetings by Mr. Montgomery continued and the meetings by Elder White continued. Hiram and Mary continued to attend both meetings for about two weeks. Then Mr. Montgomery became very sick while praying at one of his meetings and had to be carried home.

A couple of days later there was a knock on Mr. Montgomery’s door and the sheriff came in.

“Mr. Montgomery, we’ve been going over the county’s books and there is \$1000 missing,” said the sheriff. “We’ve looked all over the office and can’t find the money anywhere. Do you know anything about it?”

“No, I don’t know anything about it,” said Mr. Montgomery. “I’m surprised that you would think I had taken it.”

“You have been the only one handling the money. I was hoping you would know where it was,” said the Sheriff.

Mr. Montgomery frowned. “I call God as my witness that I don’t know anything about the missing money!” he exclaimed loudly!

Just then the Sheriff’s assistant came in with a bag in his hand and followed by Mrs. Montgomery.

“Sheriff, I think I found the missing money,” he said, handing over the bag. Mr. Montgomery’s face turned white. “Where did you find that?”

“I stayed in the yard when the sheriff came inside. I noticed Mrs. Montgomery come outside with this bag and go around the house. I followed and saw her bury the bag in a snow drift. I met her when she came back and made her go with me to retrieve the bag.”

Later, Hiram told Mary that the bag contained exactly \$1000. The missing amount from the county treasury. Mr. Montgomery had been arrested for embezzlement.

“I can’t believe how deceived we have been by that man,” said Mary. “How could he preach and seem so sincere and be so dishonest at the same time?”

“The Bible says that the heart is desperately wicked and deceitful above all things,” said Hiram. “I’m convinced that the Whites are right about the Sabbath.”

“Me too,” said Mary, “and I think Mrs. White’s visions are from God. He showed her Mr. Montgomery’s wicked character when no one else knew about it. God must be leading them.”

Hiram and Mary were baptized later that winter and in the spring they were married. They kept the Sabbath for the rest of their lives.

Adapted from J.N. Loughborough in “Great Second Advent Movement.” (Ellen White also refers to this experience in “Spiritual Gifts” Vol. 2 pages 123 and 124) Virginia Markwell

God shall bring every work into judgment,
with every secret thing,
whether it be good, or whether it be evil.

The Pillars of Our Faith

The Temple of God

As we have been discussing the pillars of our faith we are finding out that God has set before us His truths to follow and we do not need to wander after other ideas or beliefs. We do not need to be blown about by every wind of doctrine.¹ But we need to speak the truth in the love of Jesus.

In continuing our study of the "Pillars of Our Faith" we will now study "THE TEMPLE OF GOD."

The plan for the sanctuary on the earth was given by God at Mount Sinai. God spoke to Moses, giving specific instructions on how to build it and what materials to use. "And let them make me a sanctuary; that I may dwell among them. According to all that I show thee, after the pattern of the tabernacle, and the pattern of all the instruments thereof, even so shall ye make it."² This was a copy of the heavenly sanctuary.³

"Now of the things which we have spoken this is the sum: We have such an high priest, who is set on the right hand of the throne of the Majesty in the heavens; A minister of the sanctuary, and of the true tabernacle, which the Lord pitched, and not man."⁴

The sanctuary was divided into two parts, the holy and the most holy. "And thou shalt hang up the veil under the taches, that thou mayest bring in thither within the veil the ark of the testimony: and the veil shall divide unto you between the holy place and the most holy."⁵

The priests went into the holy place every day, but the high priest went into the most holy place (with in the veil) only once a year, on the day of atonement. "And the Lord said unto Moses, Speak unto Aaron thy brother, that he come not at all times into the holy place within the veil before the mercy seat, which is upon the ark; that he die not: for I will appear in the cloud upon the mercy seat. And this shall be an everlasting statute unto you, to make an atonement for the children of Israel for all their sins once a year. And he did as the Lord commanded Moses."⁶ To understand even better I would suggest reading the whole chapter of Leviticus 16 and the book of Hebrews especially chapters 8 and 9.⁷

The earthly sanctuary and its services were given to point the participants to the time when Jesus would come, shed His blood and die for their sins.⁸ For this lesson they had to bring an animal sacrifice, a male without blemish. "If his offering be a burnt sacrifice of the herd, let him offer a male without blemish: he shall offer it of his own voluntary will at the door of the tabernacle of the congregation before the Lord."⁹ Then they would ask forgiveness for their sins over the animal and then kill the animal. "And he shall put his hand upon the head of the burnt offering; and it shall be accepted for him to make atonement for him. And he shall kill the bullock before the Lord: and the priests, Aaron's sons, shall bring the blood, and sprinkle the blood round about upon the altar that is by the door of the tabernacle of the congregation."¹⁰ "...and without shedding of blood is no remission."¹¹ The priest would sprinkle the blood on the alter. "And he

shall kill the bullock before the Lord: and the priests, Aaron's sons, shall bring the blood, and sprinkle the blood round about upon the altar that is by the door of the tabernacle of the congregation."¹² After this process the blood of the sacrifice was taken and put on the sanctuary. "And he shall kill it on the side of the altar northward before the Lord: and the priests, Aaron's sons, shall sprinkle his blood round about upon the altar."¹³

The priests continued their sacrifices day in and day out through the years. The ceremonies in their exactness continued, except when in captivity or in rebellion. "Three times a year the Jews were required to assemble at Jerusalem for religious purposes. Enshrouded in the pillar of cloud, Israel's invisible Leader had given the directions in regard to these gatherings. During the captivity of the Jews, they could not be observed; but when the people were restored to their own land, the observance of these memorials was once more begun."¹⁴ But the reason for the sacrifices was forgotten after a while. They just went through the motions, seemingly, not being concerned with the reasons of what they were doing. "It was God's design that these anniversaries should call Him to the minds of the people. But with few exceptions, the priests and leaders of the nation had lost sight of this purpose."¹⁵

When Jesus came to live on this earth, the professed people of God were continuing on with the sacrifices as given to them in the wilderness by God. While Jesus was in their midst they did not recognize Him, and they rejected Him to whom the sacrifices were pointing. "Christ's mission was not understood by the people of His time. The manner of His coming was not in accordance with their expectations. The Lord Jesus was the foundation of the whole Jewish economy. Its imposing services were of divine appointment. They were designed to teach the people that at the time appointed One would come to whom those ceremonies pointed. But the Jews had exalted the forms and ceremonies and had lost sight of their object. The traditions, maxims, and enactments of men hid from them the lessons which God intended to convey. These maxims and traditions became an obstacle to their understanding and practice of true religion. And when the Reality came, in the person of Christ, they did not recognize in Him the fulfillment of all their types, the substance of all their shadows. They rejected the antitype, and clung to their types and useless ceremonies. The Son of God had come, but they continued to ask for a sign."¹⁶

When Jesus died on the cross of Calvary He made the sacrifice that the services of the sanctuary on earth were pointing to. The sanctuary service on earth, with the killing of animals, was no longer needed. "For the law having a shadow of good things to come, and not the very image of the things, can never with those sacrifices which they offered year by year continually make the comers thereunto per-

1. Eph. 4:13-15

12. Lev. 1:5

13. Lev. 1:11
(see also
PP 354-355;
GC 418)

2. Ex. 25:8-9

3. see Heb. 8:5

14. DA 447

4. Heb. 8: 1-2

5. (see also
Heb. 9:1-4)

15. DA 447

6. Lev. 16:2, 34

7. (see also EW 253)

8. (see PP 352, 539; 1 SP 201;
2SP 11; GC 328)

9. Lev. 1:3; (see also
Lev. 1:10; 1 Pet. 1:19)

16. COL 34-35 (see also
DA 447; AA 386-387)

10. Lev. 1:4-5

11. Heb. 9:22

fect. For then would they not have ceased to be offered? Because that the worshipers once purged should have had no more conscience of sins. But in those sacrifices there is a remembrance again made of sins every year. For it is not possible that the blood of bulls and of goats should take away sins. Wherefore when he cometh into the world, he saith, Sacrifice and offering thou wouldest not, but a body hast thou prepared me: In burnt offerings and sacrifices for sin thou hast had no pleasure. Then said I, Lo, I come (in the volume of the book it is written of me,) to do thy will, O God. Above when he said, Sacrifice and offering and burnt offerings and offering for sin thou wouldest not, neither hadst pleasure therein; which are offered by the law; Then said he, Lo, I come to do thy will, O God. He taketh away the first, that he may establish the second. By the which will we are sanctified through the offering of the body of Jesus Christ once for all. And every priest standeth daily ministering and offering oftentimes the same sacrifices, which can never take away sins: But this man, after he had offered one sacrifice for sins for ever, sat down on the right hand of God; From henceforth expecting till his enemies be made his footstool. For by one offering he hath perfected for ever them that are sanctified.¹⁷

When Jesus died on the cross, "...the veil of the temple was rent in twain from the top to the bottom;..."¹⁸ By that symbol God was showing His people that the earthly ceremonies and their sacrifices were no longer needed. "The rending of the veil of the temple showed that the Jewish sacrifices and ordinances would no longer be received. The great Sacrifice had been offered and had been accepted..."¹⁹

After Jesus rose from the dead and ascended to heaven He went into the holy place in the heavenly sanctuary. "For Christ is not entered into the holy places made with hands, which are the figures of the true; but into heaven itself, now to appear in the presence of God for us:"²⁰ Jesus sacrifice was not needed over and over again, but only once. "Wherefore he is able also to save them to the uttermost that come unto God by him, seeing he ever liveth to make interces-

sion for them. For such an high priest became us, who is holy, harmless, undefiled, separate from sinners, and made higher than the heavens; Who needeth not daily, as those high priests, to offer up sacrifice, first for his own sins, and then for the people's: for this he did once, when he offered up himself."²¹

"...He taketh away the first, that he may establish the second. By the which will we are sanctified through the offering of the body of Jesus Christ once for all."²² By Jesus dying on the cross and the shedding His own blood He is the mediator between God and man. "And to Jesus the mediator of the new covenant..."²³ So we may come boldly before the throne of God. "Seeing then that we have a great high priest, that is passed into the heavens, Jesus the Son of God, let us hold fast our profession. For we have not an high priest which cannot be touched with the feeling of our infirmities; but was in all points tempted like as we are, yet without sin. Let us therefore come boldly unto the throne of grace, that we may obtain mercy, and find grace to help in time of need."²⁴

Also we may ask forgiveness of our sins. "If we confess our sins, he is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness."²⁵ With the help of heaven we may overcome all our sins. "To him that overcometh will I grant to sit with me in my throne, even as I also overcame, and am set down with my Father in his throne."²⁶ And perfectly reflect the character of Christ. "Christ is waiting with longing desire for the manifestation of Himself in His church. When the character of Christ shall be perfectly reproduced in His people, then He will come to claim them as His own."²⁷

We invite you to study this out for yourselves so that you may be grounded in God's truth.

Oh brothers and sisters in Christ Jesus, we have such a privilege to accept what the Godhead has and is doing for us. Let no man deceive you from this or any other truth God has given. "Behold, I come quickly: hold that fast which thou hast, that no man take thy crown."²⁸

Gary Cain

21. Heb. 7:25-27 (see also Heb. 9:25-28; 10:12)

22. Heb. 10:9-10

23. Heb. 12:24

24. Heb. 4:14-16

25. 1 John 1:9

17. Heb. 10:1-14 (see also Dan. 9:26-27; PP 365; AA 194; GC 327; MB 50)

18. Matt. 27:51 26. Rev. 3:21

27. COL 69

19. EW 260 (see also EW 253; DA 233; 5BC 1109; 1SG 161)

20. Heb. 9:24 (see also GC 420)

28. Rev. 3:11

**Christ is waiting with longing desire
for the manifestation of Himself in His church.**

**When the character of Christ
shall be perfectly reproduced in His people,
then He will come to claim them as His own.**

An Earnest Plea

Advent Review and Sabbath Herald, January 7, 1902

[One afternoon of the recent session of the Atlantic Union Conference was occupied in presenting principles and plans relating to the forward movement. Sister White spoke first upon the importance of following the light which has been given upon the principles of healthful living, both for our own sake and that we may be a greater blessing to others. The following is a portion of her talk at that time:—]

In the twelfth chapter of Romans we read, "I beseech you therefore, brethren, by the mercies of God, that ye present your bodies a living sacrifice, holy, acceptable unto God, which is your reasonable service. And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God."¹ Much is comprehended in this. Here the apostle beseeches us to reach the high standard that it is possible to attain. Christ made it possible when He laid aside His royal robes, His royal crown, stepped down from His royal throne, clothed His divinity with humanity that humanity might touch humanity. He could not with His glory and majesty take His position among men. The glory must be laid aside He must take the rude garments of humanity that He might be afflicted with all the afflictions of humanity, that He might understand their temptations. He would become a faithful judge of how much they had to contend with in the conflict with satanic agencies. Through this experience Christ was enabled to give power to His people, for to "as many as received Him, to them gave He power to become the sons of God, even to them that believe on His name."² See where our power is. It is not in ourselves.

The Lord wants every one of us to educate himself for God. At baptism, in the name of the Father, and of the Son, and of the Holy Ghost we were set apart to engage in the very work that Christ came to the world to do. What was He?—In the highest sense He was a missionary, and He was a healing missionary. He went from place to place healing the sick and suffering, and His disciples were gaining from Him that instruction which alone could be called higher education. The Lord wants the work that has been neglected in our cities to be taken hold of without delay. There is a great work to be done. Solemn interests are at stake in our cities: souls are hungering for the bread of life. Shall we receive the word from Christ to give to him that is hungry, and to impart to the thirsty the water of life? Why should we pass by and neglect the most wealthy classes? God gives somebody a message to them, a call to repentance, as did John, "for the kingdom of heaven is at hand."³ There is nothing in the world to accomplish this, to open doors where truth can enter, like the medical missionary work. This work will commend itself to the hearts of men whose whole life has been perverted. Indulgence of appetite has spoiled them. They have been

in the habit of eating and drinking, and having their luxuries, and what is the result?—They are broken down before they come to maturity. They are in need of heavenly truth, Bible enlightenment. Do you not think that there is hope of saving some of these?—Certainly there is. There is nothing that will help them into right paths like the presentation of the necessity of becoming acquainted with the human temple that God has given them, the beautiful machinery to be brought into perfect order.

No one is to be indifferent in this matter. Life, eternal life, is presented to all as a gift of God, if they will receive it. Will they show wisdom, as did Daniel and his fellows, to refuse the meats and the wines which, if used, will spoil the Lord's wonderful and beautiful machinery? Will they reason from cause to effect? They—yes, the supposedly wealthy men—need wisdom as to how to conduct themselves so as to preserve their powers of mind and body. They are ignorant in regard to the effect of their eating and drinking, and do not know what a temperate diet will do for them.

We should not be prevailed upon to take anything into the mouth that will bring the body into an unhealthy condition, no matter how much we like it. Why?—Because we are God's property. You have a crown to win, a heaven to gain, and a hell to shun. Then for Christ's sake I ask you, Will you have the light shine before you in clear and distinct rays, and then turn away from it and say, "I love this, and I love that"? God calls upon every one of you to begin to plan, to cooperate with God in His great care and love, to elevate, ennoble, and sanctify the whole soul, body, and spirit, that we may be workers together with God.

There is a work to be begun in every city, in every town. What are you going to do to help it forward? You are to obtain all the light and knowledge that you can. There are the health books. Our canvassers can take these books right along with them, and read them. As they go, they will find that there is light in them, which they can present to the families they visit. They will find persons sick, and they can read something in those books that will do these persons good. Many are going to work on this plan. God never sets a man to work, and leaves him without putting any ideas into his mind. God gave Daniel knowledge, superior knowledge, in all matters of difficulty, and the Lord gave him the power to obtain that education that placed him on the highest platform of higher education before all the astrologers and magicians in all the realm of mighty Babylon. Now what is God going to do for every diligent searcher for truth. You see what He gave to Daniel. Daniel would not touch the king's meat. Who of us are eating meat today? Who have thought that they must live upon the flesh of dead animals? We should not do it. We are composed of what we eat. God has given you those things that

1. Rom. 12:1,2

2. John 1:12

3. Matt. 3:2

will make you healthy. Do not put corpses upon your tables; do not, I beg of you, eat the flesh of dead animals; for there is enough that you can live upon without that.

What does meat-eating do?—It creates animalism in the human agent, it strengthens the animal propensities, which are already strong enough. You would better be strengthening the spiritual powers. God helps us that we may, by self-denial and self-sacrifice, keep a clear brain and an understanding mind. It is better to let sweet things alone. Let alone those sweet dessert dishes that are placed on the table. You do not need them. You want a clear mind to think after God's order. We should now come into line with health reform principles. There is a work to be done, and we want to unite with Dr. Kellogg in doing this work. He knows what he is talking about; and we want to take the light from the word of God, and form ourselves into companies to work for others. God will help us do this work.

There is an abundance to eat. We do not believe in a poverty-stricken diet; but we want to eat those things that shall not corrupt in our stomachs, and sour our tempers. It is bad eating and sour stomachs which make men that are called Christians act unreasonably. They get a little mote of difficulty before their mind's eye, and exalt that mote to a mountain; and then the mountain of eternal spiritual advantages that ought to be exalted will become a molehill. That is the way the enemy wants it to be; but we do not want to work in such a way; for it is not profitable. Let us reverse the whole matter. Eat wholesome, good food; and sweeten up in your disposition.

There is a work to be done, a large work to be done. There is a world to save, a world to put on the right track. What have you been doing these years with the light that God has been flashing upon your pathway? I ask you, What have you been doing?

Are you "rejoicing in hope; patient in tribulation; continuing instant in prayer"?⁴ You cannot do that unless you have a good, sweet stomach. With a sour stomach you are thinking all the time, "Oh, dear, how

my stomach hurts me! What is the matter with me?" If you had thought just a little earlier, and eaten the right things, you would have avoided the difficulty. Let us all be temperate. It is our duty to be cheerful. We are not to be like a band that is marching along in a slow and mournful tread. That is not our place. What we want is to rejoice in hope.

You can go to the houses all around you, to those of the high as well as to those of the lowly, and find access. Their souls are just as hungry for the truth of God as the very lowliest among us; and we want to get together and organize for service. God will give us wisdom. He will give us strength for this work if we continue instant in prayer. The light of heaven will shine into our minds and hearts.

From the light which God has given me, there is a solemn accountability that rests upon you who for years have had the light on health reform. What have you been doing? Have you been living it out to the letter? Our sanitariums are to represent health reform. As they have patients there, they are to present the very best kind of food which will be for the health of these patients. If you expect to do your patients good, provide simple food, do not tempt them with sweet pies and puddings which will place them where it will take more than one or two baths and fomentations to take away the evil effects of that which you brought before them to eat. We want to teach all the people all these things. Teach them in every place that faith and works must harmonize. The Lord calls upon you to show your colors. Stand as eternal health reformers, and do not be in such a condition that when they ask you if you are a health reformer, you will blush for shame. No; you want to say, "Certainly, I am; certainly I am a health reformer in every respect; and I want to help others to be health reformers." This work is the right hand of the gospel. It is this health reform, and this healthful living, that is cleaving the way for us right to the hearts of thousands who have nearly killed themselves with their improper diet. Now let us begin to save them.

Mrs. E. G. White

I beseech you therefore, brethren, by the mercies of God,
that ye present your bodies a living sacrifice,
holy, acceptable unto God, which is your reasonable service.

And be not conformed to this world:
but be ye transformed by the renewing of your mind,
that ye may prove what is that good,
and acceptable, and perfect, will of God.

Health Nugget—*Squalene in Vaccines*

Why are Vaccinations Dangerous?

The presumed intent of a vaccination is to help you build immunity to potentially harmful organisms that cause illness and disease. However, your body's immune system is already designed to do this in response to organisms which invade your body naturally.

Most disease-causing organisms enter your body through the mucous membranes of your nose, mouth, pulmonary system or your digestive tract—not through an injection.

These mucous membranes have their own immune system, called the IgA immune system. It is a different system from the one activated when a vaccine is injected into your body.

Your IgA immune system is your body's first line of defense. Its job is to fight off invading organisms at their entry points, reducing or even eliminating the need for activation of your body's immune system.

When a virus is injected into your body in a vaccine, and especially when combined with an immune adjuvant like squalene, your IgA immune system is bypassed and your body's immune system kicks into high gear in response to the vaccination.

Injecting organisms into your body to provoke immunity is contrary to nature, and vaccination carries enormous potential to do serious damage to your health.

As if Vaccines Weren't Dangerous Enough on Their Own—imagine them turbocharged.

The main ingredient in a vaccine is either killed viruses or live ones that have been attenuated (weakened and made less harmful).

Flu vaccines can also contain a number of chemical toxins, including ethylene glycol (antifreeze), formaldehyde, phenol (carbolic acid) and even antibiotics like Neomycin and streptomycin.

In addition to the viruses and other additives, many vaccines also contain immune adjuvants like aluminum and squalene.

The purpose of an immune adjuvant added to a vaccine is to enhance (turbo charge) your immune response to the vaccination. Adjuvants cause your immune system to overreact to the introduction of the organism you're being vaccinated against.

Adjuvants are supposed to get the job done faster (but certainly not more safely), which reduces the amount of vaccine required per dose, and the number of doses

given per individual.

Less vaccine required per person means more individual doses available for mass vaccination campaigns. Coincidentally, this is exactly the goal of government and the pharmaceutical companies who stand to make millions from their vaccines.

Will There Be Immune Adjuvants in Swine Flu Vaccines?

The U.S. government has contracts with several drug companies to develop and produce swine flu vaccines. At least two of those companies, **Novartis** and **Glaxo-SmithKline**, are using an adjuvant in their H1N1 vaccines.

The adjuvant? Squalene.

According to Meryl Nass, M.D., an authority on the anthrax vaccine, "A novel feature of the two H1N1 vaccines being developed by companies Novartis and GlaxoSmithKline is the addition of squalene-containing adjuvants to boost immunogenicity and dramatically reduce the amount of viral antigen needed. This translates to much faster production of desired vaccine quantities."

Novartis's proprietary squalene adjuvant for their H1N1 vaccine is MF59. Glaxo's is ASO3. MF59 has yet to be approved by the FDA for use in any U.S. vaccine, despite its history of use in other countries.

Per Dr. Nass, there are only three vaccines in existence using an approved squalene adjuvant. None of the three are approved for use in the U.S.

What Squalene Does to Rats

Oil-based vaccination adjuvants like squalene have been proved to generate concentrated, unremitting immune responses over long periods of time.

A 2000 study published in the *American Journal of Pathology* demonstrated a single injection of the adjuvant squalene into rats triggered "chronic, immune-mediated joint-specific inflammation," also known as rheumatoid arthritis.

The researchers concluded the study raised questions about the role of adjuvants in chronic inflammatory diseases.

What Squalene Does to Humans

Your immune system recognizes squalene as an oil molecule native to your body. It is found throughout your nervous system and brain. In fact, you can consume squalene in olive oil and not only will your immune system recognize it, you will also reap the benefits of its antioxidant properties.

The difference between "good" and "bad" squalene is the route by which it en-

ters your body. Injection is an abnormal route of entry which incites your immune system to attack *all* the squalene in your body, not just the vaccine adjuvant.

Your immune system will attempt to destroy the molecule wherever it finds it, including in places where it occurs naturally, and where it is vital to the health of your nervous system.

Gulf War veterans with Gulf War Syndrome (GWS) received anthrax vaccines which contained squalene. MF59 (the Novartis squalene adjuvant) was an unapproved ingredient in experimental anthrax vaccines and has since been linked to the devastating autoimmune diseases suffered by countless Gulf War vets.

The Department of Defense made every attempt to deny that squalene was indeed an added contaminant in the anthrax vaccine administered to Persian Gulf war military personnel—deployed and non-deployed—as well as participants in the more recent Anthrax Vaccine Immunization Program (AVIP).

However, the FDA discovered the presence of squalene in certain lots of AVIP product. A test was developed to detect anti-squalene antibodies in GWS patients, and a clear link was established between the contaminated product and all the GWS sufferers who had been injected with the vaccine containing squalene.

A study conducted at Tulane Medical School and published in the February 2000 issue of *Experimental Molecular Pathology* included these stunning statistics: "...the substantial majority (95%) of overtly ill deployed GWS patients had antibodies to squalene. All (100%) GWS patients immunized for service in Desert Shield/Desert Storm who did not deploy, but had the same signs and symptoms as those who did deploy, had antibodies to squalene. In contrast, none (0%) of the deployed Persian Gulf veterans not showing signs and symptoms of GWS have antibodies to squalene. Neither patients with idiopathic autoimmune disease nor healthy controls had detectable serum antibodies to squalene. The majority of symptomatic GWS patients had serum antibodies to squalene."

According to Dr. Viera Scheibner, Ph.D., a former principle research scientist for the government of Australia: "...this adjuvant [squalene] contributed to the cascade of reactions called 'Gulf War Syndrome,' documented in the soldiers involved in the Gulf War.

“The symptoms they developed included arthritis, fibromyalgia, lymphadenopathy, rashes, photosensitive rashes, malar rashes, chronic fatigue, chronic headaches, abnormal body hair loss, non-healing skin lesions, aphthous ulcers, dizziness, weakness, memory loss, seizures, mood changes, neuropsychiatric problems, anti-thyroid effects, anaemia, elevated ESR (erythrocyte sedimentation rate), systemic lupus erythematosus, multiple sclerosis, ALS (amyotrophic lateral sclerosis), Raynaud’s phenomenon, Sjorgren’s syndrome, chronic diarrhoea, night sweats and low-grade fevers.”

Post Vaccination Follow-Up Might as Well Be Non-Existent

There is virtually no science to support the safety of vaccine injections on your long-term health or the health of your children. Follow-up studies last on average about two weeks, and look only for glaring injuries and illnesses.

What You Can Do to Protect Yourself and Your Family

Follow the eight laws of health (MH 127) to reduce or eliminate your risk of contracting the flu. The key is to keep your immune system strong by following these guidelines:

1. Pure Air—Breathe as much pure air as possible by avoiding large population centers where air pollution is much more concentrated. **2. Sunlight**—Optimize your vitamin D levels. Vitamin D deficiency is the likely cause of seasonal flu viruses.

Getting an optimal level of vitamin D by getting plenty of sunshine will help you fight infections of all kinds. **3. Abstemiousness**—Learn to say no to things that are harmful to your health, including overeating. The Lord’s promise is that “If thou wilt diligently hearken to the voice of the Lord thy God, and wilt do that which is right in his sight, and wilt give ear to his commandments, and keep all his statutes, I will put none of these diseases upon thee, which I have brought upon the Egyptians: for I [am] the Lord that healeth thee.” Exo. 15:26. **4. Rest**—Get plenty of good quality sleep. It is during sleep that the body does repairs and eliminates toxins. A body overloaded with toxins is much less capable of resisting sickness. **5. Exercise**—Your immune system needs good circulation in order to perform at its best for you. **6. Proper Diet**—Eat largely of fruits, vegetables and whole grains. Eliminate sugar (refined) and processed foods from your diet. Sugar consumption has an immediate, debilitating effect on your immune system. **7. Use of Water**—Water is not only an excellent way to prevent sickness, but its use in hydrotherapy is a very effective way to recover ones health, should they become sick. **8. Trust in Divine Power**—Deal with stress by giving all your cares to God. If you feel overwhelmed by stress, your body will not have the reserves it needs to fight infection.

Adapted by Rick Markwell

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RECIPE—

Lorraine’s Sunflower Sour Cream / Mayonnaise

Ingredients:

- 1 cup sunflower seeds, raw, shelled
- 2 or 3 tablespoons flaxseeds, raw
- 1½ cups cold water
- ½ cup rice or millet, well-cooked
- 1 teaspoon honey (or 2 or 3t for mayonnaise)
- ½ teaspoon salt (or to taste)
- 1 tablespoon onion powder
- 1 clove garlic, raw, peeled (or ½ t garlic powder)
- ½ cup fresh or frozen lemon juice (fresh is best)
- 1 pinch sweet basil powder (opt.)
- 1 pinch celery seed powder (opt.)
- 1/3 cup flaxseed, grapeseed, or olive oil

Directions:

- Put seeds and cold water in a quart jar and soak overnight in the refrigerator.
- Place in blender and add remaining ingredients except

the oil.

- Blend, adding cold water very slowly if needed so that the blades can turn. Keep blending until the texture becomes smooth and creamy.
- Add the oil slowly as it blends on high speed.
- Chill and serve.
- For variation, mix in your favorite items for a dip. Some ideas would be one or more of the following: diced pickles, sliced or chopped olives, various fresh herbs, minced raw carrot or red bell pepper, green onions, etc. You may enjoy a pinch of cumin and a pinch of turmeric for a mustard substitute on sandwiches.
- Potato salad and coleslaw are good prepared with this recipe. It makes a good topping for a baked potato, steamed broccoli or other green vegetables, or on top of vegetable pot pie.

by Lorraine Humes