

Seventh-day Remnant VOICE

January-March 2010

Striving to be among the remnant of her seed

The Folly of Self-Pleasing

Advent Review and Sabbath Herald, October 27, 1896

In these last days of the world's history, when self-indulgence and pleasure seem to be the objects for which men live, the followers of Christ must strive to become like him in character, that they may not be ashamed to meet their record in the books of heaven, when every man will be rewarded according to his deeds. "To them who by patient continuance in well-doing seek for glory and honor and immortality, eternal life: but unto them that are contentious, and do not obey the truth, but obey unrighteousness, indignation and wrath, tribulation and anguish, upon every soul of man that doeth evil, of the Jew first, and also of the Gentile: for there is no respect of persons with God."¹

There are a large number of professed Christians who would feel surprised and deeply injured if they were shown the light in which God regards them. They are spiritually dead, while professing to live. They are false lights—signs that point in the wrong direction. To these I would lift my voice in warning. Study your Bibles, analyze your motives and principles, before it is too late. When you repent and become converted, you will see and appreciate the true Light, which lighteth every man that cometh into the world. The halfhearted, pleasure-loving professor of religion is the very best agent Satan has to allure souls away from the straight gate and from the narrow path. Such have proved the ruin of souls they might have saved had they walked in the footprints of the Light of life.

And yet these persons think that because they have a form of godliness, they are accepted of God. But God does not receive such as his sons and daughters. In that great day when he shall render to every man according as his works have been, they will realize the truth of the words, "Not every one that saith unto me, Lord, Lord, shall enter into the kingdom of heaven; but he that doeth the will of my Father which is in heaven. Many will say to me in that day, Lord, Lord, have we not prophesied in thy name? and in thy name have cast out devils? and in thy name done many wonderful works? And then will I profess unto them, I never knew you: depart from me, ye that work iniquity."²

We are often solicited to give advice as to whether it is wrong for Christians to attend parties for amusement. I would remind all such inquirers of their privilege of seeking the Lord in prayer. "If any of you lack wisdom, let him ask of God, that giveth to all men liberally, and upbraideth not; and it shall be given him. But let him ask in faith, nothing wavering. For he that wavereth is like a wave of the sea, driven with

3. Jam. 1:5,6 the wind and tossed."³

He who truly desires to know the will of the Lord will not run any risk by venturing on unknown ground. He will bring to his Heavenly Father a humble, contrite heart, not a determination to have his own way. Nor will he come in doubt whether to receive the heavenly wisdom, and walk in wisdom's ways, or follow his own inclinations and desires; for of such God says, "Let not that man think that he shall receive anything of the Lord."⁴ God will not be mocked by his creatures. We are not to venture on an uncertain course for an hour's self-pleasing.

To those who desire to know how far they can go in indulgence and amusements, I would say, Just so far as you can keep the companionship of Christ. Look to Calvary, and as you behold Christ offering up his precious life for you, that you may have an opportunity to form a character for eternal life, ask yourself the question, How shall I occupy the time given me of God at an infinite cost? He "so loved the world, that he gave his only begotten Son, that whosoever believeth in him should not perish, but have everlasting life."⁵ Christ was a man of sorrows, and acquainted with grief.⁶ He was wounded for our transgressions; he was bruised for our iniquities. The chastisement of our peace was upon him, and by his stripes we are healed.⁷ Can you follow in his footsteps, and at the same time find your enjoyment in parties of pleasure? Those who have accepted Christ will need to watch and pray constantly, that they may not be deceived by any of Satan's devices. The person who is not cherishing in his heart the love of Jesus, will follow in the lead of those who are lovers of pleasure more than lovers of God.

The gaiety, the foolish nonsense, the lack of sobriety, that are current in pleasure parties and picnic gatherings, lead to grave evils. The youth are pleased with exciting pleasures, as was Herod when the daughter of Herodias danced before him. Satan with his angels was present at that feast of long ago. It was he who instigated the king to make the promise which led to the death of one of the greatest prophets the world has ever seen. But there is also another witness at these gatherings. Angels of heaven are present, taking note of every word and action. How little those present realize, when they join in the mirth and jest, that for "every idle word that men shall speak, they shall give account thereof in the day of judgment."⁸

The prophet saw this event. He says, "And I saw the dead, small and great, stand before God; and the books were opened: and another book was opened,

1. Rom. 2:7-11

5. John 3:16

6. Is. 53:3

7. Is. 53:5

2. Matt. 7:21-23

8. Matt. 12:36

which is the book of life: and the dead were judged out of those things which were written in the books, according to their works.”

“The Spirit itself beareth witness with our spirit, that we are the children of God: and if children, then heirs; heirs of God, and joint-heirs with Christ; if so be that we suffer with him, that we may be also glorified together.”¹⁰ “As many as received him, to them gave he power to become the sons of God, even to them that believe on his name.”¹¹ These words mean more than many suppose. To believe on his name means to receive Christ as our personal Saviour. All who receive him may come to the Father in his name. And as a son, the Father will receive the repenting sinner to his favor and his heart, to partake of the riches of his grace. He may ask what he will, and it will be done unto him. Those who have decided to do nothing in any line that will displease God, will know, after they present their case before him, just what course to pursue. With an eye single to the glory of God, they will do his will, even if it does not accord with their inclinations.

While living in close connection with God, we shall

9. Rev. 20:12

10. Rom. 8:16-17

11. John 1:12

12. Matt. 26:41

13. Col. 4:2

14. Col. 4:5

15. Col. 4:6

16. 1 Thess. 5:5-8

hear his voice in loving entreaties and warnings: “Watch and pray, lest ye enter into temptation.”¹² “Continue in prayer, and watch in the same with thanksgiving.”¹³ “Walk in wisdom toward them that are without, redeeming the time.”¹⁴ “Let your speech be always with grace, seasoned with salt, that ye may know how ye ought to answer every man.”¹⁵ “Ye are all the children of light, and the children of the day: we are not of the night, nor of darkness. Therefore let us not sleep, as do others; but let us watch and be sober. For they that sleep sleep in the night; and they that be drunken are drunken in the night. But let us, who are of the day, be sober, putting on the breastplate of faith and love; and for an helmet, the hope of salvation.”¹⁶

Then whom shall we choose to serve? Shall we make Christ our personal Saviour; study his life and practise; go only where we are sure he leads the way, and where we can keep him by our side as an honored Friend and Counselor? Our heart’s desire, breathed out in prayer to God, should be, Abide with me.

by Mrs. E. G. White

Editorial

When we first separated we had to deal with the issue of what to do with our tithe and offerings that we had been giving to the Adventist Church. Once you understand the need to separate you can no longer support the apostasy in any way, shape, or form.

Over the years we have been sending our tithe and offerings to various ministers and ministries that are worthy of our support. We have experienced sending these funds to the Philippines, India, and Africa, as well as the United States. We found that the US dollar goes a long way in foreign lands. We often get requests for support in these foreign lands that far exceed our ability to help. Many times we get the impression that we are the only ones being asked to support them. We begin to wonder if there is anything they are doing for themselves.

I want to draw your attention to the mission report from Joseph in Uganda (page 10). This is the first time I have seen a report where the local people are putting forth effort on their own to meet their needs. They probably have been doing this all along but they have never reported to me their share in the missionary effort before. This has greatly increased my faith.

I have personally visited Joseph in Uganda on two different occasions and I have found him to be a dedicated worker for the Lord and worthy of support. Several years ago, when he understood the great apostasy, he resigned his position as a minister in the SDA church and has continued to minister to the brethren without a regular salary. If the Lord leads you to send him a donation directly, please contact me and I will let you know how to go about it.

Joel reports from Uganda (page 9) that their government has taken the same position as Zambia has. These governments are setting standards that they hope will reduce terrorism. This is making it difficult for our home churches to meet. It is also making it difficult to hold camp meetings and evangelistic meetings. These governments have made provision for recognized churches to legally meet. We have successfully registered the Seventh-Day Remnant Church in Zambia and hope to be able to do the same in Uganda. Mention was made of a suggested constitution and bylaws under which an organization can operate to deal with the government for registration. We hope to be able to post that on the SDRPA web site soon. If you would like to see it right away you may write and ask for it.

Editor

Seventh-day Remnant VOICE

Vol. 5, No 1, January—March 2010.

Published by the Seventh-day Remnant Publishing Association, P.O. Box 1794, Willits, California 95490. Phone 877 SDR-PA44 (877 737-7244)

POSTMASTER: Send address changes to the above address. Return postage paid. **SUBSCRIPTIONS** are by donation only. Send questions about your subscription to the above address. Editor: Jim Snipes. Assistant Editor: Rick Markwell. Printed in USA. www.sdrvoice.org

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BOOK AVAILABLE!

The SDRPA is offering the book “The Last Day Events” (non conference edition) for a suggested donation of \$13.00 US. In this spiral bound book you will find over 200 pages of unpublished letters and manuscripts of E.G. White concerning the last days. **English & Spanish** versions available! Also some earlier Voice articles are now available in Spanish!

How Churches Become—BABYLON!

The word “Babylon” literally means confusion.¹ In Bible prophecy, Babylon spiritually represents a church which professes to be following God and claims to be the true church, but which is really following darkness and Satan.

In the real issue of determining whether or not a church has become a part of this spiritual Babylon, there are many different theories one could listen to. It is almost impossible to try to find the truth by giving ear to every theory on the subject. So God has mercifully given His honest followers a never-failing way to determine what is the truth in this as well as other issues: “That which hath been is now; and that which is to be hath already been; and God requireth that which is past.”²

God tells us “that which hath been,” or that which has already occurred in history, “is now” or is presently reoccurring now. And “that which is to be,” or that which is yet future, “hath already been” or has already occurred in history. So if we look at historical events, and pay close attention to the details of what was taking place at that time, then we can know what is taking place presently and what is facing us in the near future. With this in mind, in order to find out if a church is part of spiritual Babylon, let us look at history to determine how a once chosen church of God became a church of Babylon. For this purpose, we will closely examine the history of Protestantism surrounding the years of 1840 to 1844, paying particular attention to the details outlined in the Spirit of Prophecy—an inspired source of history.

What was the condition of the churches of Protestantism before 1840?

“Those who received the great blessings of the Reformation did not go forward in the path so nobly entered upon by them. A few faithful men arose from time to time, to proclaim new truth, and expose long cherished error; but the majority, like the Jews in Christ’s day, or the papists in the time of Luther, were content to believe as their fathers believed, and to live as they lived. Therefore religion again degenerated into formalism; and errors and superstitions which would have been cast aside had the church continued to walk in the light of God’s word, were retained and cherished. Thus the spirit inspired by the Reformation gradually died out, until there was almost as great need of reform in the Protestant churches as in the Roman Church in the time of Luther. There was the same spiritual stupor, the same respect for the opinions of men, the same spirit of worldliness, the same substitution of human theories for the teachings of God’s word. Pride and extravagance were fostered under the guise of religion. **The churches became corrupted by allying themselves with the world.** Thus were degraded the great principles for which Luther and his fellow-laborers had done and suffered so much.

“As Satan saw that he had failed to crush out the truth by persecution, he again resorted to the **same plan of compromise** which had led to the great apos-

1. Gen. 11:9 margin

2. Ecc. 3:15

tasy and the formation of the church of Rome. He induced Christians to ally themselves, not now with pagans, but with those who, by their worship of the god of this world, as truly proved themselves idolaters. Satan could no longer keep the Bible from the people; it had been placed within the reach of all. But he led thousands to accept false interpretations and unsound theories, without searching the Scriptures to learn the truth for themselves. He had corrupted the doctrines of the Bible, and traditions which were to ruin millions were taking deep root. **The church was upholding and defending these traditions**, instead of contending for the faith once delivered to the saints...

“The Lord raised up men to investigate his work, to examine the foundation upon which the Christian world were building, and to raise the solemn inquiry, What is truth? Are we building upon the rock, or upon shifting sand?

“God saw that many of **His professed people** were not building for eternity; and in his care and love he was about to send a message of warning to arouse them from their stupor, and prepare them for the coming of their Lord. The warning was not to be entrusted to learned doctors of divinity or popular ministers of the gospel. Had these been faithful watchmen, diligently and prayerfully searching the Scriptures, they would have known the time of night; the prophecies of Daniel and John would have revealed to them the great events about to take place. If they had faithfully followed the light already given, some star of heavenly radiance would have been sent to guide them into all truth.”³

3. 4SP 194-96

The Protestant churches were considered by God to be “His professed people” at that time. Did God leave His people in this wretched condition? No. He was going to send them a message of warning to try and arouse them from sleep and see their true condition.

“Jesus sends his people a message of warning to prepare them for his coming. To the prophet John was made known the closing work in the great plan of man’s redemption. He beheld an angel flying in the midst of heaven, having the everlasting gospel to preach unto them that dwell on the earth, and to every nation, and kindred, and tongue, and people, saying with a loud voice, Fear God, and give glory to him; for the hour of his Judgment is come; and worship him that made heaven, and earth, and the sea, and the fountains of waters...

“Jesus saw **His church**, like the barren fig-tree, covered with pretentious leaves, yet destitute of precious fruit. There was a boastful observance of the forms of religion, while the spirit of true humility, penitence and faith—which alone could render the service acceptable to God—was lacking. Instead of the graces of the Spirit, there were manifested pride, formalism, vainglory, selfishness, oppression. A backsliding church closed their eyes to the signs of the times. God did not forsake them, or suffer his faithfulness to fail; but **they departed from Him**,

and separated themselves from his love. **As they refused to comply with the conditions, His promises were NOT fulfilled to them.**

“Love for Christ and faith in his coming waxed cold. Such is the sure result of neglect to appreciate and improve the light and privileges which God bestows. Unless the church will follow on in his opening providence, accepting every ray of light, performing every duty which may be revealed, religion will inevitably degenerate into the observance of forms, and the spirit of vital godliness will disappear. This truth has been **repeatedly** illustrated in the history of the church. God requires of his people works of faith and obedience corresponding to the blessings and privileges bestowed. Obedience requires a sacrifice and involves a cross; and this is why so many of the professed followers of Christ refused to receive the light from Heaven, and, like the Jews of old, knew not the time of their visitation.”⁷⁴

It is important to realize that God considered the Protestant churches to be, not only His professed people, but also His church on the earth at that time. But what was the condition of God’s church and His professed people at the proclamation of the first angel’s message?

“At the proclamation of the first angel’s message, the people of God **were in Babylon...**”⁷⁵

So God’s church and His professed people were represented as being Babylon “at the proclamation of the first angel’s message!” What year did the first angel’s message basically begin? 1840. It really started in 1833, but it did not gain momentum until 1840. So at least by 1840, God’s church had become Babylon and His professed people were numbered with Babylon!

How could this be? How could God’s once pure church become so corrupted that it became Babylon?

“The churches became corrupted by allying themselves with the world.”⁷⁶

God’s once pure church and His professed people, by uniting themselves with the world, became Babylon. But how could God’s church become Babylon by just uniting themselves with the world?

“The close relation of the church to Christ is represented under the figure of marriage. The Lord had joined his people to Himself by a solemn covenant, He promising to be their God, and they pledging themselves to be His, and His alone. Said Paul, addressing the church, ‘I have espoused you to one husband, that I may present you as a chaste virgin to Christ.’ But when her confidence and affection were turned away from Him, and she sought after vanity, and allowed the love of worldly things to separate her from God, she **forfeited the privileges** included in this peculiar and sacred relation. By the apostle James those who assimilate to the world are addressed as ‘adulterers and adulteresses.’”⁷⁷

God’s church is supposed to be married to Christ alone. Now when a married woman departs from her husband and first love and unites herself with another or many entities, she commits adultery or harlotry. It was because of this harlotry, that God’s church became Babylon!

“A virtuous woman represents a pure church, a vile

woman an apostate church. **Babylon is said to be A HARLOT.**”⁷⁸

8. 4SP 233 So, by God’s church and His professed people departing from Christ and uniting themselves with the world, they became a harlot of Babylon! Do we have any other examples in history, prior to 1840, of this same thing occurring? Yes.

“**Babylon** is also charged with the sin of unlawful connection with ‘the kings of the earth.’ It was a departure from the Lord, and alliance with the heathen, that the **Jewish church became a harlot**; and **Rome**, corrupting herself in like manner by seeking the support of worldly powers, **receives a like condemnation.**”⁷⁹

9. GC 382;
Rev. 17:2,18;
Rev. 18:3,9

The Jewish church—which was once God’s pure church and His professed people—by departing from His side and uniting herself with the heathen world, became a harlot of Babylon. And Rome—which was once God’s pure Apostolic Christian church and His professed people—by departing from His side and uniting herself with the pagan world, also became a harlot of Babylon. And now the Protestant churches—which were once God’s pure church and His professed people—have followed the same history of departing from His side and uniting herself with the world, and became an harlot of Babylon.

4. 4SP 199-201

5. 4SP 239

In 1840, the Protestant churches were not Babylon fallen. They were Babylon, but did not become Babylon fallen until 4 years later in 1844. This proves that a church must first be Babylon before she can become Babylon fallen!

God did not cast off His Protestant churches and professed people in 1840 after they departed from Him and became an harlot of Babylon. But He gave them a merciful chance and opportunity to repent—a period of probation in which to decide if they would continue to unite closer to the world and Satan, or if they would come back to the side of Christ. This was the reason why the first angel’s message was given.

6. 4SP 194

This heavenly message was designed to bring His wandering bride and woman back to His side. It was designed to separate her from her harlotrous union with the world so that she would become Christ’s faithful partner once again, and to do His bidding and not the bidding of anyone else.

“It was to separate the church of Christ from the corrupting influence of the world that the first angel’s message was given.”¹⁰

10. 4SP 231

So the first angel’s message was designed to break the church’s marriage and connection with the world; breaking their harlotry; bringing them away from corruption and from being Babylon, and back to Christ’s side as a faithful and pure bride.

The first angel’s message was a message to repent and to rid sin from the life. It was designed to separate the people and church away from being contaminated and corrupted by their connection with the world so that the image of the Saviour could be reflected in them. You can see the infinite love and mercy of God in giving that message to His wandering church and people. It was to bring them back to His side and to give them an experience they would never have had before if they would only accept, repent, and act upon it.

7. 4SP 233-234;
2 Cor. 11:2;
Jam. 4:4

What was the response of the church and its leaders to this heavenly message of love and mercy from God?

“In every age, God has called his servants to lift up their voices against the prevailing errors and sins of the multitude...The majority are usually to be found on the side of error and falsehood. The fact that doctors of divinity have the world on their side does not prove them to be on the side of truth and of God. The wide gate and the broad road attract the multitudes, while the straight gate and the narrow way are sought only by the few.

“If ministers and people had really desired to know the truth, and had given to the Advent doctrine the earnest, prayerful attention which its importance demands, they would have seen that it was in harmony with the Scriptures. Had they united with its advocates in their labors, there would have resulted such a revival of the work of God as the world had never witnessed...

“While they refuse to search the Scriptures to learn if these things are so, they grasp every fable...”¹¹

The Protestant church leadership refused to accept the first angel’s message. They refused to break their harlotrous love affair with the world and to come back to the side of their Saviour. They refused to hear the truth that would have corrected their errors, and instead started looking for pegs to hang their doubts upon. They started searching for every kind of fable with which to quiet their consciences that their church was really a harlot of Babylon and that they needed to dissolve their marriage and union with the world. The leadership also were unwilling to hear more, and determined not to allow any of their membership the privilege of hearing or accepting this truth either by using any tactics or lies to accomplish this purpose.

We are even told what were some of the tactics and lies used by the church leadership and its ministers!

“...Men belonging to the different companies and revered by them passed through, some with pleasing words, and others with wrathful looks and threatening gestures, and fastened the cords which were weakening. These men were constantly saying, ‘God is with us. We stand in the light. We have the truth.’ I inquired who these men were, and was told that they were ministers and leading men who had rejected the light themselves, and were unwilling that others should receive it.”¹²

“**Unfaithful watchmen hindered the progress of the work of God.** As the people were roused, and began to inquire the way of salvation, these leaders stepped in between them and the truth, seeking to quiet their fears by falsely interpreting the word of God. In this work, Satan and unconsecrated ministers united, crying, Peace, peace, when God had not spoken peace. Like the Pharisees in Christ’s day, many refused to enter the kingdom of Heaven themselves, and those who were entering in, they hindered. The blood of these souls will be required at their hand.

“Whenever the message of truth was proclaimed, the most humble and devoted in the churches were the **first** to receive it. Those who studied the Bible **for themselves** could not but see the unscriptural

character of the popular views of prophecy, and wherever the people were not deceived by the efforts of the clergy to misstate and pervert the faith, wherever they would search the word of God for themselves, the Advent doctrine needed only to be compared with the Scriptures to establish its divine authority.

“Many were persecuted by their unbelieving brethren. In order to retain their position in the church, some consented to be silent in regard to their hope; but others felt that loyalty to God forbade them thus to hide the truths which He had committed to their trust. Not a few were cut off from the fellowship of the church...”¹³

13. 4SP 226-27

“Ministers occupied themselves in gathering up damaging reports, absurd and malicious fabrications, and dealing them out from the pulpit. Earnest were the efforts put forth to draw away the minds of the people...”¹⁴

14. 4SP 218-19

You can clearly see that there was a battle going on for the **MINDS** of the people! And this battle was being fought over the truth of the church being Babylon. God’s faithful messengers were stating the truth about the church, while the church leaders and ministers were trying to keep this truth from reaching their people by using mind controlling tactics!

What was the end result of God’s once pure church and professed people rejecting God’s message of love and mercy?

“Angels of God were watching with the deepest interest the result of the warning. When the churches as a body rejected the message, angels turned away from them in sadness. Yet there were in the churches many who had not yet been tested in regard to the Advent truth. Many were deceived by husbands, wives, parents, or children, and were made to believe it a sin even to listen to such heresies as were taught by the Adventists. Angels were bidden to keep faithful watch over these souls; for another light was yet to shine upon them from the throne of God.”¹⁵

15. 4SP 227

So even though the churches, as a body, rejected the message, there were still individuals in those bodies who had not even heard, nor rejected the truth.

“God sent his professed people a message that would have corrected the evils which separated them from his favor... But **Babylon** scornfully rejected the **last** means which Heaven had in reserve for her restoration, and then, with greater eagerness, she turned to seek the friendship of the world.”¹⁶

12. EW 241

16. 4SP 236

So Babylon, or the Protestant churches as a body, refused to receive, spurned, and rejected the **last** message of mercy that would have brought them back into connection with God, and with greater eagerness they continued on with their adulterous love affair with the world. They used their probationary time, that was mercifully granted them, increasing in apostasy and rebellion against God, instead of repenting and following God and His will. Thus God could not save them from the results of their choice.

“When the churches spurned the counsel of God by rejecting the Advent message, the Lord rejected them. The first angel was followed by a second, proclaiming, ‘Babylon is fallen, is fallen, that great city, because she made all nations drink of the wine of the

wrath of her fornication.”¹⁷

The departure of the Protestant churches from the side of Jesus and their union and marriage with the world, **made them a harlot of Babylon WITH THE CHANCE TO REPENT**. God mercifully sent them a message and granted them precious time to come back into His waiting and loving arms. But “Babylon scornfully rejected the last means which heaven had in reserve for her restoration” to become God’s faithful and chosen church once again.

When God’s church, as a body, refused to listen to the voice of God through His messengers, who were giving the last message of mercy to them, but continued on in their harlotrous love affair with the world, the Lord rejected them from being His professed people and church in the earth. The probation of God’s once favored and chosen church closed corporately, and Jesus denounced them as being Babylon fallen.

Who raised this heaven endorsed message that probation had closed upon God’s once favored church, they were now Babylon fallen, and all of God’s true and honest people must willingly and completely separate themselves from her in order to be with Jesus outside? Did God Himself, with His own literal voice, proclaim this message? No! Did a literal angel proclaim it with his own voice to the people? No! Then who raised this message?

This message, that God’s once pure and favored church was now Babylon fallen and all God’s true and honest people must physically separate from her, was given by God’s true people! But how did they come to the realization that this message was the truth and that it was now time for it to be given? There was **no** Bible text stating in these words; “The churches of Protestantism in 1844 are now Babylon fallen, come out.” There was **no** plain “thus saith the Lord” that they could use to remove all doubt which stated; “the church of the Baptists, or Lutherans, etc., has now become Babylon fallen and its time to separate.” So how did God’s people know that it was time to leave and to give this message?

It was by hours of prayer, study, and enlightenment of God’s Spirit, and **by examining the fruits being produced by their church**, that they realized that their church could not in any way constitute the true church of God—the pillar and ground of the truth—but that it instead fit the description of Babylon fallen. They agonized with God over this issue, and He led them to understand that this was really the truth. God mercifully gave them sufficient evidence to base their faith upon, and He filled them with His Spirit to obey and raise their voices in loudly proclaiming this Babylonian message far and wide.

Why did God call for His true people to physically separate themselves away from their corrupt churches? They loved their churches and were loath to separate from them. So why did God consider it a **necessity** for them to separate from their churches? God, in His unerring wisdom, saw that His honest people would lose their purity by their continued membership in, and association with, their corrupt churches! God saw that His people would become corrupt by remaining connected with their corrupt churches, and thus they would lose everlasting life.

17. 4SP 232;
Rev. 14:8

18. EW 246-247

19. EW 249-250

20. 4SP 251

21. 4SP 232

22. EW xvii

“...Very many were weighed in the balance and found wanting. They loudly claimed to be Christians, yet in almost every particular failed to follow Christ. Satan exulted at the state of the professed followers of Jesus. He had them in his snare. He had led the majority to leave the straight path, and they were attempting to climb up to heaven some other way. Angels saw the **pure and holy mixed up with sinners in Zion**, and with world-loving hypocrites. They had watched over the true disciples of Jesus; but **the corrupt WERE AFFECTING THE HOLY**... Angels viewed the scene and sympathized with the **remnant** who loved the appearing of their Lord.”¹⁸

The remnant were not considered to be the whole corporate church body, but only those who loved their Lord and who were obeying the light of God as it came to them. But these faithful few were being affected by their corrupt church.

“I saw Jesus turn His face from those who rejected and despised His coming, and then He bade angels **lead His people out from among the unclean, LEST THEY SHOULD BE DEFILED**. Those who were obedient to the message stood out **free and united**. A holy light shone upon them. They renounced the world, sacrificed their earthly interests, gave up their earthly treasures, and directed their anxious gaze to heaven, expecting to see their loved Deliverer. A holy light beamed upon their countenances, telling of the peace and joy which reigned within. Jesus bade His angels go and strengthen them, for the hour of their trial drew on. I saw that these waiting ones were not yet tried as they must be. They were not free from errors. And I saw the mercy and goodness of God in sending a warning to the people of the earth, and repeated messages to lead them to a diligent searching of heart, and study of the Scriptures, that they might **divest themselves of errors** which have been **handed down from the heathen and papists**.”¹⁹

This message, that probation had closed upon God’s once pure church and it was now Babylon fallen with no chance of ever reforming back to God, and that all of God’s honest people were to physically separate from her or become defiled and unclean by their continued connection with the church, was represented as being something special directly from heaven.

“Like **showers of rain** upon the thirsty earth, the Spirit of grace descended upon the earnest seekers.”²⁰

How many obeyed this “showers of rain” message and left their Babylonian churches?

“The proclamation, ‘Babylon is fallen,’ was given in the summer of 1844, and as the result, about fifty thousand withdrew from these churches.”²¹

That is quite a lot of people! But after the faith of those who obeyed these messages was tested by the great disappointment, how many still continued to follow Jesus and refused to deny these truths which they had obeyed?

“By the year 1846 they reckoned their numbers as about fifty.”²²

So only about 50 out of the total group of about 50,000, or 1/10 of 1%, proved themselves true to God when their faith was tested. While 49,950 proved

themselves to be unfaithful to the Lord and His truths. It was shown that many had only based their faith upon the words and opinions of others instead of studying it out for themselves, or “proving all things.”²³ When trials, temptations, and especially peer pressures came to try and get them to give up their belief in the truthfulness of these heavenly messages, the majority gave in and began to doubt that their church was really Babylon fallen. They finally admitted that they had been wrong in separating from her, and denounced their past experience and belief as being from the devil which they had ignorantly followed, and thus gave up their faith.

23. 1 Thess. 5:21

But what was the consequence to those who gave up their faith, and pronounced that their belief in these heaven sent messages was a delusion?

“Others rashly denied the light (Midnight cry) behind them, and said that it was **not God that had led them out** so far. The light behind them went out leaving their feet in perfect darkness, and they stumbled and got their eyes off the mark and lost sight of Jesus, and fell off the path down in the dark and wicked world below. It was just as **IMPOSSIBLE for them to get on the path again and go to the city**, as all the wicked world which God had rejected.”²⁴

24. WLF 14

Those who flatly rejected the idea that their church was Babylon fallen and that they needed to willingly separate from her, were lost! The door shut upon them and their probation closed forever—at their final **decision** to disobey God and these truths. Also those who believed and accepted the truth, that their church was Babylon fallen, and who willingly separated from her, but afterward renounced their faith and pronounced these truths to be error and their ex-

perience a delusion, were also lost! The door shut upon them and their probation closed forever—at their final **decision** to renounce their faith and pronounce their belief in these messages of truth as error. They had sinned against and blasphemed the Holy Spirit, and though they might have a form of godliness, and profess to still be followers of Christ, and may even preach some of the truth to others, they are but deceivers rapped in the delusions of Satan! Truly, many followed the same history of the Jews, in loving and worshiping their idol church above God and obedience to His truth.²⁵

25. (see EW 198)

These messages of the first and second angel and the midnight cry—or to willingly separate from all your personal sins, from connection to the world, and from your corrupt and fallen church to be completely free in Jesus—were the **last messages of mercy, or the SHUT DOOR MESSAGES**, to all those who had the privilege of hearing them at that time. Their individual decision against either one of these messages, especially after they had already accepted them, closed the door of their probation forever without any second chance remaining open to them. It was **impossible** for them to recover and accept the truth again!

Now this is just history that we have gone over. But can this same history, which the Jewish, Apostolic, and Protestant churches followed, be repeated today? Is there any chance that the SDA church could repeat this same history and become Babylon fallen like those churches before her?

We will focus on the above possibility being a reality in the next issue of the VOICE.

Bob Sessler

Revelation 18:1, 2, 4 points forward to a time when the announcement of the fall of Babylon, as made by the second angel of Revelation 14, is to be repeated, with the additional mention of the corruptions which have been entering the various organizations that constitute Babylon, since that message was first given, in the summer of 1844.

Children's Story—*The Deadly Tsunami*

2 Corinthians 6:17,18

I was in my late teens and driving up the Northern California coast with my mom and dad. The Northern California coast is very rugged, lots of high bluffs and very few sandy beaches. As we were driving up highway 1 we came to a place where the bluffs were somewhat lower than in other places on the coast and we noticed a group of people holding a passion play by the side of the road, on top of the bluffs, between the road and the ocean.

I don't know why we stopped but perhaps it was because we recognized some of the people there from the Seventh-day Adventist church. These were some of the people we knew when we were members there. We did not discuss it at all but I think we were going to try to reach some of them with the message.

We walked down to where the group was. It was a very small group, maybe 20 or 30 people. We watched as they "nailed Jesus" to the cross and discussed how they were going to set things up to make it look more "real." I noticed the man playing "Jesus" was very young. He was flippant and careless and made many smart remarks at which everyone laughed except my parents and I.

One of the ladies in the group came over and welcomed us warmly.

"Have you seen our program?" She asked, showing us a piece of red paper printed with the events planned for that day.

"We are going to have an oyster supper at the church tonight, when the play is over." She said. "Oh, don't worry, it's all vegetarian. We just make it look and taste like its oysters."

Seeing that we were going to say something, she turned away quickly and said to another lady: "I brought my pickle jam. But I only brought one jar and when it's gone, it's gone."

"Oh, I'm so glad you brought it." Responded the second lady as they moved away from us.

We hadn't been given a chance to say a word.

As we stood watching, slightly apart from the group, I began to look around and noticed a grove of Eucalyptus trees there. Hidden among the trees was a small Catholic chapel. I knew it was Catholic because of the images of the saints along the walls. "Why are the Adventists having

their passion play at a Catholic chapel?" I wondered.

I watched the part of the group down by the chapel opening boxes and tried to figure out what they were doing. As I was absorbed in this, a very large wave washed up the bluff almost to my feet. It got all the group wet who were closer to the water but no one complained, they were having too much fun to notice. My parents and I moved up the hill closer to the road.

They had finally gotten "Jesus" on the cross and carried him up the hill to where we were standing. They dropped the cross into a large hole which I hadn't noticed right next to me. The hole was too big and the cross tipped toward me at a dangerous angle. Instinctively I put up my hands to help hold it until they could pack in the dirt around it. When my hands touched the wood, the men let go and walked away, leaving me holding the heavy thing all by myself. As they walked away I heard one say, "Time for that last batch of chocolate chip cookies."

"Daddy! I can't hold this up all by myself!" I cried as I felt the heavy wood slipping from my hands.

My dad caught it and another man rushed over and held the cross up while my dad began placing stones in the hole to support it. The man holding the cross turned on a speaker that was attached to the back of the cross and gospel rock music began playing over the group. The people cheered. This was degenerating into something we didn't want to be a part of.

My dad got the cross secure enough and the man let go. Setting a beer can on the ground beside the hole he walked off to join his friends by the chapel.

A beer can at a passion play? I looked to see how many other people were drinking and noticed the smell of tobacco smoke. About half the people had cigarettes in their hands or mouths. This was not something we wanted to be a part of. It was time to leave, but we hesitated because we hadn't had a chance to talk to those we knew in the group. Besides, my dad was still trying to get that cross secure so it wouldn't fall over and injure someone. No one else seemed at all concerned about it.

I was watching my dad place the last stone at the bottom of the cross when I

heard my mom gasp. I looked up just in time to see an even bigger wave washing up the bluff. It was engulfing the people who were smoking and drinking by the chapel. My mom and I raced up the hill to the edge of the road and the wave washed up to our feet.

"Oh, No! Daddy is still down there by the cross!" I couldn't see him. It was all water.

"Oh God, don't let him be washed away!" I prayed frantically as the water receded.

"Oh good," I sighed with relief as I caught sight of him still crouched at the bottom of the cross. He had grabbed onto it and the water hadn't been able to wash him away. I rushed down the hill with my hand out to help him up the bank. But before I could reach him, another wave washed over him and I had to retreat back to the road.

"No, No, No, Lord, don't let my dad be washed away!" I screamed.

My mom started running down the road toward our car. I waited for the water to recede, hoping for another chance to rescue my dad, but it didn't recede.

"Lord, please save my dad." I prayed frantically.

I glanced up just in time to see the most enormous wave I've ever seen rushing toward me. "Oh no! it's a Tsunami!" I raced across the road and frantically tried to climb the steep bank on the other side. I knew my mom and dad were gone. There was no way they could escape now. I clawed at the dirt but it crumbled under my hands and feet. Suddenly I knew I wasn't going to make it. The wave was too big and coming too fast.

Frantic thoughts tumbled over each other. Why had we stopped? Why had we stayed and watched? We hadn't enjoyed it at all but we had partaken of their sins by our presence. We had not been able to speak to or save even one of them. Now we were partaking in their punishment. If I hadn't been so intent on saving my dad I might have seen the wave coming and had a chance of getting away, but now it was too late. I had delayed too long.

These thoughts raced across my mind as the wave engulfed me. Just as it broke over my head, I woke up and realized it was a dream!

Virginia Markwell

MISSION REPORTS—Africa

November 3, 2009

Heb. 6:10-11.

4SOP p 397. "The Christian world will learn what Romanism really is, when it is too late to escape the snare. She is silently growing into power. Her doctrines are exerting their influence in legislative halls, in the churches, and in the hearts of men."

The Beast is pushing forward now more than ever, preaching ideas that seem good but are directly against the heavenly command. The Roman architecture is being followed as a most humble design to bring about world peace! The papacy is amazingly trying to show its universality as a church for all as in the "New Vision" a national newspaper on 22nd Oct., 2009, has reported on p12 that the Vatican plans to take over the ordination of Anglican priests, a move seen as uniting the church that split in the 16th century under one Head which has on many occasions dominated international headlines. www.new-vision.co.ug. Its aims have not changed since; of luring the political support of the leaders and wishing to bring the majority under one world rule amidst the many schemes the papacy employs to enslave humanity. But again, we need to keep ourselves safeguarded from the prophesied global rule in any event which they need others to do their dirty work. (Rev. 13:11-12).

They then push Roman doctrines forward in secular laws to easily secure the allegiance of Christendom. However, the Vatican knows we are out there, meaning you and me, in the prophesied remnant church (Mic. 5:7) warning God's people today what the pope is going to do! They know that we know all about a planned one world rule, and preaching about their secret plans before they would even have the ability to do such a thing. (2 Thes. 2:3. "Let no man deceive you by any means: for that day shall not come, except there come a falling away first, and that man of sin be revealed, the son of perdition.") We thank God that He has revealed to us what is going to happen before and a step up of our voices would overwhelmingly turn into a loud cry to uncover their evil ways!

Brethren, Satan sets up bases of operation. From history we know that the Jesuits provided a framework for Islamic militants. The activities of these groups have to a great extent instilled terror towards humanity making men more vulnerable to being enslaved. Such groups like a Somali-based militant group threatened to

attack Kampala, Uganda, according to the "Monitor," a local newspaper on page 3, 25th Oct, 2009. www.monitor.co.ug. Yet any nation requires the active support of all its good citizens in the maintenance of their security. Now the foreign ministry in Uganda has become very much interested in the National Identity project which is moving slowly, targeting the 2011 polls and thereafter the National Census in 2012, thus planning to expedite the process! The measure of National Identity is thought to be of much help in identifying infiltration of the evil citizens. But it clears the way for men to be enslaved by their leaders; one of the aims of the papacy! The Ugandan Police has issued alert warnings to several places of gathering with a wide security network monitoring every meeting of 2 or more persons. This alerts us to expedite our process of registration. This also reveals why some of the separated brethren who broke away from the main stream SDA Church in Luwero were arrested on 23rd Sept, 2009. However, we must keep ourselves aware of the diverse plans of the antichrist using every means to number every soul so as to easily bring them under their influence. 1John 2:18 "Little children, it is the last time: and as ye have heard that antichrist shall come, even now are there many antichrists; whereby we know that it is the last time."

For the past month I have been discussing the issue of registration with our separated home church leaders here in Uganda. The SDRPA had sent a suggested Constitution and Bylaws through Elder Jim that was important to share with them the issues contained in this Constitution and Bylaws. We need to come up with complete unity before the authorities as we wish to be represented showing our complete separation from the known and established Seventh-day Adventist Church and to show us in a congregational framework of organization. The main benefit contained in this document was the independence of each church putting trust only in Christ as the head in every undertaking.

We need to harmonize some of our varied concerns in the Constitution and Bylaws as we shall be meeting for the Open Air Crusade due to take place next month (Nov., 2009) and finally in a Camp meeting which will close this year in Bunamwaya-Kampala. I believe that many of our brethren who will be attending the Crusade and Camp meeting are called upon to come and handle these issues

since we shall have gathered from different places for these meetings due to start. One wants the name Seventh-Day Remnant Church of Uganda (SDRCU) to be only Seventh-Day Remnant (SDR) for registration before our government.

My travels to the different places have been aimed at making a comprehensive mobilization for any meeting that could bring us together so that we could all agree over this constitution which I believe is done. However, I would wish to have a Constitution and Bylaws for individual churches which I have requested Elder Jim to help in drafting. This will try to help in putting up similarities among the churches that wish to be represented before the authorities with less extremes and fanaticism. A batch of tasks remain piled up at my desk that needs your prayers and support to enable us to complete them.

I did finish preparing the Master copies of tracts and a few selected booklets I would wish to print out for the two meetings. I also pray that in every other plan, we shouldn't forget the work in Rwanda, Burundi and DRC. We would wish to have some Bibles, SOP books and booklets to help in these regions and during these meetings. We need food which will enable us go through 14 days of Crusading and another 7 days for the Camp meeting by the close of this year.

Thank you for all the support in the African missionary field that seems hard to be accomplished.

God bless you.

Joel, Uganda

March 1, 2010

Heb. 6:10-11.

"The Lord desires every one of us to be decidedly in earnest. We cannot afford to make a mistake in spiritual matters. The life-and-death question with us is, 'What shall I do that I may be saved, eternally saved?—a life that measures with the life of God?' This is a question that it becomes every one of us to consider carefully..." 1SM p 98.

Once again I very much appreciate all the efforts put forward to stand with us by sending each month faithful financial help and prayers in these last days which enable us to do our part in fulfilling great gospel commission that soon we may go home! It is this continual support that has pressed an extra mile which is moved in

many of the African countries.

On 29th Jan, 2010, I traveled to Kampala to deliver the last batch of booklets and Tracts to KRJ who was traveling from Nairobi-Kenya to Goma-DRC. I also gave him a copy of the L'ABOMINATION DE LA DESOLATION ET L'HISTOIRE DE L'EGLISE by Sessler (Abomination of Desolation in French) a book which is badly wanted there to uphold our position of faith in that region. However, I did not manage to see him because he was in a bus traveling to Kampala and expected to arrive on 31st Jan. Sunday morning for a break before he could book another bus to Ruhengere-Rwanda and then finally to Goma-DRC. He only talked to me on the phone as he was crossing to Rwanda to say thank you for delivering a box of booklets he picked up from RT's place.

I could not manage to visit many of our brethren due to limited funds. I returned home that very Sunday night and reached there at 3:30 am in the morning.

I have been traveling among our brethren in the region to reaffirm our position telling them of our need to register with the government but I found out that there is a need to have some of the articles in the SOP pointing to the issue of registration printed out and translated in our local language to make it easily understood among our people. I have now made this a priority of my undertakings until registration is over.

I have downloaded some articles from www.sdrvoice.org which thoroughly explain about the issue of the name and the last day New Testament movement translating them into Luganda so that I can distribute to our people. But it will be possible because of the faithful support of those

who can help with a little extra money that all what I am hoping to accomplish and print out can be done which is a work of much faith. I have made some translation in Luganda which now awaits to be printed out for binding and then be sent out to particular areas of dire need. I wish to say how I am overwhelmed by accessing the internet at home leading to getting the most important information which for many years has been a hear say. I am only challenged to its continual running requiring about \$40 per month. Jim has also opened www.sdr-uganda.org to have all our translated messages be pasted there for remnant people of God in the region. Unfortunately, I haven't managed to paste anything there due to the technical problems I find when I try to do it! I pray that Elder Jim will continue to teach how best to do it!

These are some of the most credible achievements we are trying put in place so profound and vital that we can now preach the truth as Seventh-day Remnant people of God no matter how much ridicule, persecution and difficulty there will be.

Last year I had picked up the Registration forms and nothing much has been done on them to make the process of registration start on! This is so because we wanted to hold a series of meetings to have the issue of registration placed in every members thinking! There is also the indebtedness to raise the registration fee! I also belief that as time passes by, we expect to have a clear position of each individual church member. Of recent, on chat Elder Jim has promised to ask the SDRPA committee to come to our help. We look forward to this and press on.

May God be praised because many are

indeed taking their stand completely separate from the apostate and corrupt SDA church. May God be exalted because many are also realizing the curse as they see their witness spoiled as soon as they identify themselves as Seventh-day Adventist because of the people connecting them to that apostate church! And may God be glorified because many are also awakening to the fact that God is today calling his servants by another name— Seventh-Day Remnant.

Zec 8:12 "For the seed shall be prosperous; the vine shall give her fruit, and the ground shall give her increase, and the heavens shall give their dew; and I will cause the remnant of this people to possess all these things."

God bless you.

Joel, Uganda

March 2, 2010

Greetings in the name of JESUS.

Down here the good Lord is leading us on. JUST LAST FRIDAY we begun a new home church in town at the premises where brother GM is running a small Sanitarium.

Pray that the Lord may uphold us in the City. We are also invited to hold a crusade in HOIMA and for this we solicit your prayers and your support.

Our budget for that work is 1,300,000 UG Shillings (about \$750 US) we have so far raised 264,000 UG Shillings (about \$150 US) from collections. Please let the Lord lead you in this line.

GOD bless you dears.

Joseph, Uganda

Letters to the Editor

My name is _____. I am a Palestinian woman. "SDR" thanks be to the Lord, that I found you. I was searching the internet, in my mind was a name, kept searching until I found your sight. GOD loves me. I down loaded many things. One of them was an audio sermon. Oh what a blessing I got. Then I wrote a letter canceling my membership to "Surrey SDA" that is in Canada B.C. I was out of this church long before that. But stayed holding the name.

MAY THE LORD BLESS YOU AS YOU ENLIGHTEN PEOPLE TO HIS TRUTH.

Do not be afraid nor dismayed For GOD IS WITH US.

Internet

Brothers and Sisters In Christ.

Sir,

I have read two pieces of your literature, and one of them was so interesting, I was compelled by the Holy Spirit to write and ask to be added to the list of subscribers for the new year.

I am from a small island called St. Lucia, West Indies. Presently I am a member of a small church called S.D.A. Reform Movement.

Your literature of interest is, "What Happens When We Die"

Your Truly

C.D.S. St. Lucia West Indies

Dear SDR Publishing Association,

I enjoy your magazine very much and I thank you for it. Please note my new address. Thank you!

God bless, Sincerely

B.W. Alberta Canada

Dear ones,
The VOICE for October-December 2009 was excellent!

Please send copies to the following address. (Editors Note: 7 addresses were given).

D.M.L. Oregon

Dear Remnant VOICE,

A friend sent me your paper awhile ago and I just came upon it again.

I was wondering if you are still offering the "Last Day Events" by Ellen White? I have the one the conference put out, but will be very interested in this one if its different or has more in it.

(Editors Note: The LDE we offer is not the conference edition, but has unpublished Letters and Manuscripts of E.G. White concerning the last days).

Thank you, B.S. Arkansas

Dear Sir/Madam,

Thank you for sending me the Seventh-day Remnant VOICE (January-September 2009). The articles really touched my heart that I wish to circulate some to those I trust for sharing as well. I do have my private ministry circulating Christ-centered publications of every kind helping out God's workers in the Philippines all

over and Africa, Canada, even USA., etc.

Should you spare some copies for me I will pay for it. Send me the bill or I will give a donation.

The Lord be with us as we work 50/50 with Him, so His kingdom be hastened and sooner we shall be with Him forever.

Thank you in advance, I am

Most Sincerely,

L.D. Ontario Canada

Health Nugget—*Hidden Dangers in our Food!*

What if someone were to tell you that there are chemical substances added to our food supply that could cause brain damage in your children, and that these chemical substances could effect how your children's nervous systems formed during development so that in later years they may have learning or emotional difficulties?

What if there was scientific evidence that these chemicals could permanently damage a critical part of the brain known to control hormones so that later in life your child might have endocrine problems? How would you feel?

Suppose evidence was presented to you strongly suggesting that the artificial sweetener in your diet soft drink may cause brain tumors to develop, and that the number of brain tumors reported since the widespread introduction of this artificial sweetener has risen dramatically? Would that affect your decision to drink these products and especially to allow your children to drink them? What if you could be shown overwhelming evidence that one of the main ingredients in this sweetener (aspartate) could cause the same brain lesions as MSG? Would that affect your buying decisions?

And finally, what if it could be demonstrated that all of these types of chemicals, called excitotoxins, could possibly aggravate or even precipitate many of today's epidemic neurodegenerative brain diseases such as Parkinson's, Huntington's, ALS, and Alzheimer's?

Would you be concerned if you knew that these excitotoxin food additives are a particular risk if you have diabetes, or have ever had a stroke, brain injury, brain tumor, seizure, or have suffered from hypertension, meningitis, or viral encephalitis?

Would you also be upset to learn that many of the brain lesions caused by these products in your children are irreversible and can result from a SINGLE exposure

of these products in sufficient concentration?

How would you feel when you learn the food industry hides and disguises these excitotoxin additives (MSG and Aspartate) so they can't be recognized? Incredible? Enraged? The fact is many foods are labeled as having "No MSG" but in fact not only contain MSG but also are laced with other excitotoxins of equal potency and danger. As of 1996 almost all processed foods and food ingredients contain MSG.

All of the above is true. And all of these well known brain toxins are poured into our food and drink by the thousands of tons to boost sales. These additives have NO OTHER purpose other than to enhance the TASTE of food and the SWEETNESS of various diet products. We are told in Counsels on Diets and Foods page 63 that "Gratification of taste should not be consulted irrespective of physical, intellectual, or moral health."

In 2004 George W. Bush and his corporate supporters pushed a Bill through Congress. Called the "Personal Responsibility in Food Consumption Act" also known as the "Cheeseburger Bill," this sweeping law bans anyone from suing food manufacturers, sellers and distributors. Even if it comes out that they purposely added an addictive chemical to their foods.

Glutamate (MSG) manufacturers and the processed food industries are always on a quest to disguise the MSG added to food. Trade names of MSG are Ajinomoto, Vetsin, and Accent. Below is a partial list of the most common names for disguised MSG. Remember also that the powerful excitotoxins, aspartate and L-cystine, are frequently added to foods and according to FDA rules require NO LABELING AT ALL.

YOU SHOULD AVOID ALL FOOD ITEMS WITH THESE INGREDIENTS

—Monosodium Glutamate—Hydrolyzed Protein—Hydrolyzed Plant Protein—Hydrolyzed Vegetable Protein—Hydrolyzed Oat Flour—Sodium Caseinate—Calcium Caseinate—Yeast Extract—Textured Protein (Including TVP)—Soy Protein Concentrate—Soy Protein Isolate—Whey Protein Concentrate—Autolyzed Yeast—Corn Oil—Plant Protein Extract—Malt Extract—Malt Flavoring—Bouillon—Broth—Stock—Spices—Seasoning—Natural Beef, Chicken Or Pork Flavoring—Natural Flavor—Flavoring—Carrageenan—Enzymes.

Also: Protease Enzymes of various sources can release excitotoxin amino acids from food proteins.

Because MSG is absorbed very quickly in the gastrointestinal tract (unlike glutamic acid-containing proteins in foods), MSG could spike blood plasma levels of glutamate. Glutamic acid is in a class of chemicals known as excitotoxins, high levels of which have been shown in animal studies to cause damage to areas of the brain unprotected by the blood-brain barrier and that a variety of chronic diseases can arise out of this neurotoxicity.

Some of the health problems that occur as a result of MSG and other excitotoxins are: Rapid heart beat, angina, swelling of the muscles, joint pain, stiffness, extremes in blood pressure, anxiety, panic attacks, depression, migraine, asthma, irritable bowel, chest pain, rashes, blurred vision, dizziness, foggy thinking, seizures, no energy, overweight and obesity, the list goes on. There are even claims that MSG is the cause of ADHD, ADD, and as stated above Parkinson's, Huntington's, ALS, and Alzheimer's disease.

Aspartame - An Intense Source Of Excitotoxins.

Aspartame is a sweetener made from two amino acids, phenylalanine and the excitotoxin aspartate. It should be avoided at all costs. Aspartame complaints ac-

counts for approximately 70% of ALL complaints to the FDA. It is implicated in everything from blindness to headaches to convulsions. Sold under dozens of brand names such as NutraSweet and Equal, aspartame breaks down within 20 minutes at room temperature into several primary toxic and dangerous ingredients:

1. DKP (diketopiperazine—when ingested, converts to a near duplicate of a powerful brain tumor causing agent).
2. Formic Acid (ant venom).
3. Formaldehyde (embalming fluid).
4. Methanol (causes blindness—an extremely dangerous substance).

Common Examples:

Diet soft drinks, sugar free gums, sugar free Kool Aid, Crystal Light, children's medications, and thousands of other products claiming to be "low calorie," "diet," or "sugar free." Even so called health items such as Emergen-C have aspartic acid, which is just another name for aspartate. Get rid of it!

A senior executive in the food additive industry said that these excitotoxins are going to be in our food no matter how many name changes are necessary.

So what are we to do brethren, seeing that almost the entire food supply has been corrupted? In Counsels on Diets and Foods page 63 it states "If ever there was a time when the diet should be of the most simple kind, it is now... Grains and fruits prepared free from grease, and in as natu-

ral a condition as possible, should be the food for the tables of all who claim to be preparing for translation to heaven." When the Lord led ancient Israel out from Egypt He put them on a simple diet of manna that they might understand sacred truths, and be prepared to serve Him in the earthly Canaan. Today the Lord desires His people also to be on a plain diet so that they can more clearly understand the final message and be fitted to serve Him in the heavenly Canaan through eternity.

Therefore let us come away from the flesh pots of Egypt (fast foods, processed foods, etc.), and give up everything that is detrimental to physical, intellectual and moral health. As God's remnant people let us fully and completely come out from among them and be separate! Let us not touch the unclean thing. For the Lord says "If any man defile the temple of God, him shall God destroy; for the temple of God is holy, which temple ye are." 1 Cor. 3:17.

We need to have our own gardens and orchards in the country where we can grow our own food.

Those who remain upon the worlds diet are not only preventing themselves from fully understanding the final message which is to prepare a people to stand at Christ's second coming, but are instead preparing themselves to receive the Mark of the Beast and fail of eternal life.

by Rick Markwell

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RECIPE—*Raw & Vegan Lemony Cheesecake*

Ingredients:

For the Crust:

- 2 cups almonds
- 1 cup dates

For the Cheese:

- 3 cups almonds, blanched (soaked for at least 2 hours)
- ¾ cup lemon juice, fresh
- ¾ cup fruit sweetener, or other liquid sweetener of choice – agave, honey, etc.
- ¾ cup coconut oil, raw, organic
- ½ cup water
- 1 tsp vanilla
- ½ teaspoon Celtic sea salt

For the berry sauce:

- 3 cups frozen berries
- ½ cup dates or ¼ cup honey

Directions:

- Soak the nuts to give a nice smooth texture to the cheese.
- Scoop out a little over ¾ cup of coconut oil in a glass measuring cup, and set the glass container in very warm water to melt. The solid coconut oil needs to be a liquid ¾ cup.
- Place ingredients for crust in a food processor or blender and process till very fine. Press mixture into the bottom of a 9" springform pan or pie plate.
- Check your coconut oil, and double-check measurement once it's all melted.
- Put all ingredients for the cheese in the blender and process at high speed until smooth.
- Pour mixture into crust. Remove air bubbles by tapping the container on the counter.
- Place cheesecake in the freezer for at least 3 hours, may be left in the freezer over night. This step firms the cheesecake. Transfer to the refrigerator an hour before serving.
- Blend ingredients for berry sauce until smooth. Spoon over each slice when ready to serve. A favorite sauce of yours may also be used. Serves 16.

by Marilyn Snipes